# EVANSVILLE, INDIANA BICYCLE AND PEDESTRIAN CONNECTIVITY MASTER PLAN APPENDIX VOLUME 1: DESIGN GUIDELINES



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# **Planning Consultants**





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# **DESIGN GUIDELINES**

# **OVERVIEW**

The sections that follow serve as an inventory of bicycle and pedestrian design treatments and provide guidelines for their development. These treatments and design guidelines are important because they represent the tools for creating a safe, accessible community. The guidelines are not, however, a substitute for a more thorough evaluation by a landscape architect or engineer upon implementation of facility improvements. Some improvements may also require cooperation with the Indiana Department of Transportation for specific design solutions. The following standards and guidelines are referred to in this guide:

- The Federal Highway Administration's Manual on Uniform Traffic Control Devices (MUTCD) is the primary source for guidance on lane striping requirements, signal warrants, and recommended signage and pavement markings.
- American Association of State Highway and Transportation Officials (AASHTO) Guide for the Development of Bicycle Facilities, updated in June 2012 provides guidance on dimensions, use, and layout of specific bicycle facilities.
- The National Association of City Transportation Officials' (NACTO) 2012 Urban Bikeway Design Guide is
  the newest publication of nationally recognized bicycle-specific design standards, and offers guidance on
  the current state of the practice designs. Most NACTO treatments are compatible within AASHTO/MUTCD
  guidance, though some NACTO endorsed designs may not be permitted on state roads at this time.
- Offering similar guidance for pedestrian design, the 2004 AASHTO Guide for the Planning, Design and Operation of Pedestrian Facilities provides comprehensive guidance on planning and designing for people on foot.
- Meeting the requirements of the Americans with Disabilities Act (ADA) is an important part of any bicycle facility project. The United States Access Board's proposed Public Rights-of-Way Accessibility Guidelines (PROWAG) and the 2010 ADA Standards for Accessible Design (2010 Standards) contain standards and guidance for the construction of accessible facilities.

Should the national standards be revised in the future and result in discrepancies with this chapter, the national standards should prevail for all design decisions. A qualified engineer or landscape architect should be consulted for the most up to date and accurate cost estimates.

# **DESIGN NEEDS OF BICYCLISTS**

The purpose of this section is to provide the facility designer with an understanding of how bicyclists operate and how their bicycle influences that operation. Bicyclists, by nature, are much more affected by poor facility design, construction and maintenance practices than motor vehicle drivers. Bicyclists lack the protection from the elements and roadway hazards provided by an automobile's structure and safety features. By understanding the unique characteristics and needs of bicyclists, a facility designer can provide quality facilities and minimize user risk.

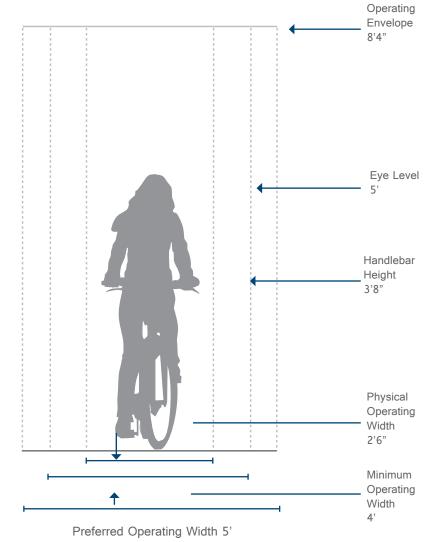
# **BICYCLE AS A DESIGN VEHICLE**

Similar to motor vehicles, bicyclists and their bicycles exist in a variety of sizes and configurations. These variations occur in the types of vehicle (such as a conventional bicycle, a recumbent bicycle or a tricycle), and behavioral characteristics (such as the comfort level of the bicyclist). The design of a bikeway should consider reasonably expected bicycle types on the facility and utilize the appropriate dimensions.

The operating space and physical dimensions of a typical adult bicyclist are the basis for typical facility design. Bicyclists require clear space to operate within a facility. This is why the minimum operating width is greater than the physical dimensions of the bicyclist. Bicyclists prefer five feet or more operating width, although four feet may be minimally acceptable.

In addition to the design dimensions of a typical bicycle, there are many other commonly used pedal-driven cycles and accessories to consider when planning and designing bicycle facilities. The most common types include tandem bicycles, recumbent bicycles, and trailer accessories.

**Standard Bicycle Rider Dimensions** 



Source: AASHTO Guide for the Development of Bicycle Facilities, 4th Edition. 2012.

# **Design Speed Expectations**

The expected speed that different types of bicyclists can maintain under various conditions also influences the design of facilities such as shared use paved trails. The table to the right provides typical bicyclist speeds for a variety of conditions.











**Bicycle as Design Vehicle - Typical Dimensions** Source: AASHTO Guide for the Development of Bicycle Facilities, 3rd Edition \*AASHTO does not provide typical dimensions for tricycles.

#### **Bicycle as Design Vehicle - Typical Dimensions**

Bicycle Type	Feature	Typical Dimensions				
Upright Adult	Physical width	2 ft 6 in				
Bicyclist	Operating width (Minimum)	4 ft				
	Operating width (Preferred)	5 ft				
	Physical length	5 ft 10 in				
	Physical height of handlebars	3 ft 8 in				
	Operating height	8 ft 4 in				
	Eye height	5 ft				
	Vertical clearance to obstructions (tunnel height, lighting, etc)	10 ft				
	Approximate center of gravity	2 ft 9 in - 3 ft 4 in				
Recumbent	Physical length	6 ft 10 in				
Bicyclist	Eye height	3 ft 10 in				
Tandem Bicyclist	Physical length	8 ft				
Bicyclist with	Physical length	9 ft 9 in				
child trailer	Physical width	2 ft 6 in				

Bicycle Type	Feature	Typical Speed
Upright Adult	Paved level surfacing	8-15 mph
Bicyclist	Downhill	20-30+ mph
	Uphill	5 -12 mph
Recumbent Bicyclist	Paved level surfacing	11-18 mph

\*Tandem bicycles and bicyclists with trailers have typical speeds equal to or less than upright adult bicyclists.

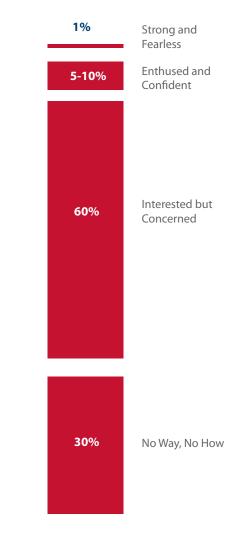
# **TYPES OF BICYCLISTS**

It is important to consider bicyclists of all skill levels when creating a non-motorized plan or project. Bicyclist skill level greatly influences expected speeds and behavior, both in separated bikeways and on shared roadways. Bicycle infrastructure should accommodate as many user types as possible, with decisions for separate or parallel facilities based on providing a comfortable experience for the greatest number of people.

The bicycle planning and engineering professions currently use several systems to classify the population which can assist in understanding the characteristics and infrastructure preferences of different bicyclists. The current AASHTO Guide to the Development of Bicycle Facilities encourages designers to identify their rider type based on the trip purpose (Recreational vs Transportation) and on the level of comfort and skill of the rider (Casual vs Experienced). A more detailed framework for understanding of the US population's relationship to transportation focused bicycling is illustrated in the figure below. Developed by planners in Portland, OR<sup>1</sup> and supported by research<sup>2</sup>, this classification provides the following alternative categories to address varying attitudes towards bicycling in the US:

- Strong and Fearless (approximately 1% of population) Characterized by bicyclists that will typically ride anywhere regardless of roadway conditions or weather. These bicyclists can ride faster than other user types, prefer direct routes and will typically choose roadway connections -- even if shared with vehicles -- over separate bicycle facilities such as shared use paved trails.
- Enthused and Confident (5-10% of population) This user group encompasses bicyclists who are fairly comfortable riding on all types of bikeways but usually choose low traffic streets or shared use paved trails when available. These bicyclists may deviate from a more direct route in favor of a preferred facility type. This group includes all kinds of bicyclists such as commuters, recreationalists, racers and utilitarian bicyclists.
- Interested but Concerned (approximately 60% of population) This user type comprises the bulk of the cycling population and represents bicyclists who typically only ride a bicycle on low traffic streets or multi-use trails under favorable weather conditions. These bicyclists perceive significant barriers to their increased use of cycling, specifically traffic and other safety issues. These people may become "Enthused & Confident" with encouragement, education and experience.

1 Roger Geller, City of Portland Bureau of Transportation. Four Types of Cyclists. http://www.portlandonline.com/transportation/index.cfm?@a=237507. 2009. • No Way, No How (approximately 30% of population) – Persons in this category are not bicyclists, and perceive severe safety issues with riding in traffic. Some people in this group may eventually become more regular cyclists with time and education. A significant portion of these people will not ride a bicycle under any circumstances.



**Typical Distribution of Bicyclist Types** 

<sup>2</sup> Dill, J., McNeil, N. Four Types of Cyclists? Testing a Typology to Better Understand Bicycling Behavior and Potential. 2012.

# **DESIGN NEEDS OF PEDESTRIANS**

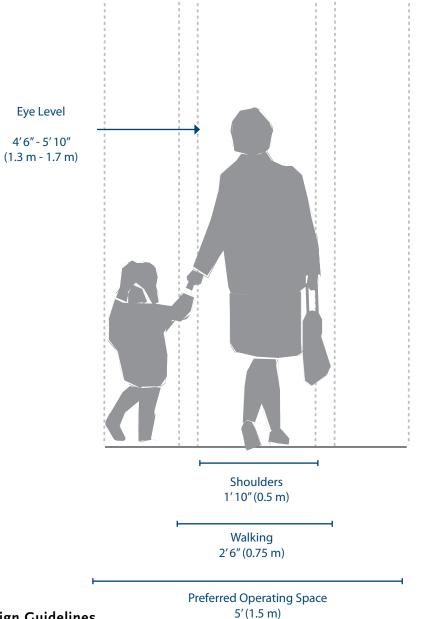
# **Types of Pedestrians**

Pedestrians have a variety of characteristics and the transportation network should accommodate a variety of needs, abilities, and possible impairments. Age is one major factor that affects pedestrians' physical characteristics, walking speed, and environmental perception. Children have low eye height and walk at slower speeds than adults. They also perceive the environment differently at various stages of their cognitive development. Older adults walk more slowly and may require assistive devices for walking stability, sight, and hearing. The table below summarizes common pedestrian characteristics for various age groups.

#### Pedestrian Characteristics by Age Group

Age	Characteristics
0-4	Learning to walk
	Requires constant adult supervision
	Developing peripheral vision and depth perception
5-8	Increasing independence, but still requires supervision
	Poor depth perception
9-13	Susceptible to "dart out" intersection dash
	Poor judgment
	Sense of invulnerability
14-18	Improved awareness of traffic environment
	Poor judgment
19-40	Active, fully aware of traffic environment
41-65	Slowing of reflexes
65+	Difficulty crossing street
	Vision loss
	Difficulty hearing vehicles approaching from behind
	AASHTO. Guide for the Planning, Design, and ion of Pedestrian Facilities, Exhibit 2-1. 2004.

The MUTCD recommends a normal walking speed of 3.5 feet per second when calculating the pedestrian clearance interval at traffic signals. The walking speed can drop to 3 feet per second for areas with older populations and persons with mobility impairments. While the type and degree of mobility impairment varies greatly across the population, the transportation system should accommodate these users to the greatest reasonable extent.



Appendix 1 - Design Guidelines

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# **PEDESTRIAN DESIGN CONSIDERATIONS**

The table below summarizes common physical and cognitive impairments, how they affect personal mobility, and recommendations for improved pedestrian-friendly design.

#### **Disabled Pedestrian Design Considerations**

Impairment	Effect on Mobility	Design Solution
Wheelchair and	Difficulty propelling over uneven or soft surfaces.	Firm, stable surfaces and structures, including ramps or beveled edges.
Scooter Users	Cross-slopes cause wheelchairs to veer downhill.	Cross-slopes of less than two percent.
	Require wider path of travel.	Sufficient width and maneuvering space.
Walking Aid Users	Difficulty negotiating steep grades and cross slopes; decreased stability.	Smooth, non-slipperly travel surface.
	Slower walking speed and reduced endurance; reduced ability to react.	Longer pedestrian signal cycles, shorter crossing distances, median refuges, and street furniture.
Hearing Impairment	Less able to detect oncoming hazards at locations with limited sight lines (e.g. driveways, angled intersections, channelized right turn lanes) and complex intersections.	Longer pedestrian signal cycles, clear sight distances, highly visible pedestrian signals and markings.
Vision Impairment	Limited perception of trail ahead and obstacles; reliance on memory; reliance on non-visual indicators (e.g. sound and texture).	Accessible text (larger print and raised text), accessible pedestrian signals (APS), guide strips and detectable warning surfaces, safety barriers, and lighting.
Cognitive Impairment	Varies greatly. Can affect ability to perceive, recognize, understand, interpret, and respond to information.	Signs with pictures, universal symbols, and colors, rather than text.

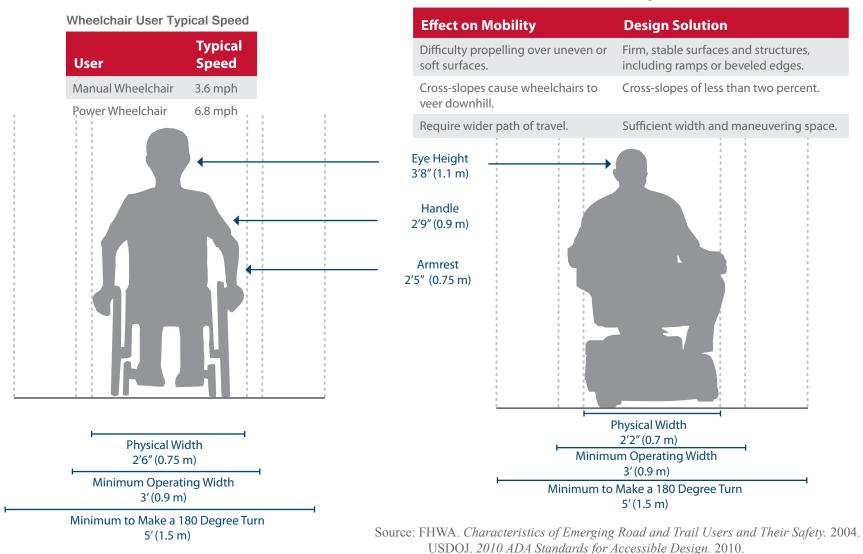
# **DESIGN NEEDS OF WHEELCHAIR USERS**

As the American population ages, the number of people using mobility assistive devices (such as manual wheelchairs, powered wheelchairs) increases.

Manual wheelchairs are self-propelled devices. Users propel themselves using push rims attached to the rear wheels. Braking is done through resisting wheel movement with the hands or arm. Alternatively, a second individual can control the wheelchair using handles attached to the back of the chair. Power wheelchairs user battery power to move the wheelchair. The size and weight of power wheelchairs limit their ability to negotiate obstacles without a ramp. Various control units are available that enable users to control the wheelchair movement, based on their ability (e.g., joystick control, breath controlled, etc).

Maneuvering around a turn requires additional space for wheelchair devices. Providing adequate space for 180 degree turns at appropriate locations is an important element for accessible design.

#### Wheelchair User Design Considerations



Appendix 1 - Design Guidelines

# PEDESTRIAN CROSSING LOCATION AND FACILITY SELECTION

# **Midblock Crossings**

Midblock crossings are an important street design element for pedestrians. They can provide a legal crossing at locations where pedestrians want to travel, and can be safer than crossings at intersections because traffic is only moving in two directions. Locations where midblock crossings should be considered include:

- Long blocks (longer than 600 ft) with destinations on both sides of the street;
- Locations with heavy pedestrian traffic, such as schools, shopping centers; and
- At midblock transit stops, where transit riders must cross the street on one leg of their journey.

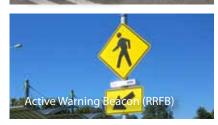
The FHWA PedSafe (Pedestrian Safety Guide and Countermeasure Selection System) guide should be consulted for information regarding midblock crossing warrants and potential crossing treatments.

# **Crossing Treatment Selection**

The specific type of treatment at a crossing may range from a simple marked crosswalk to full traffic signals or grade separated crossings. Crosswalk lines should not be used indiscriminately, and appropriate selection of crossing treatments should be evaluated in an engineering study before a marked crosswalk is installed. The engineering study should consider the number of lanes, the presence of a median, the distance from adjacent signalized intersections, the pedestrian volumes and delays, the average daily traffic (ADT), the posted or statutory speed limit or 85th-percentile speed, the geometry of the location, the possible consolidation of multiple crossing points, the availability of street lighting, and other appropriate factors.



PEDESTRIAN CROSSING CONTEXTUAL GUIDANCE At unsignalized locations		<b>Streets</b> 5 mph*	<b>Collector Streets</b> 25-30 mph			Arterial Streets 30-45 mph							
FACILITY TYPE	2 lane	3 lane	2 lane	2 lane with median 2 lane refuge 3 lane			2 lane with median 2 lane refuge 3 lane		4 lane with median 4 lane refuge 5 lane			6 lane	6 lane with median refuge
Crosswalk with warning signage and yield lines	EJ	~	~	~	~	EJ	EJ	EJ	х	х	х	х	x
Active Warning Beacon (RRFB)	х	EJ	~	~	~	~	~	~	х	~	х	х	x
Hybrid Beacon	х	х	EJ	EJ	EJ	EJ	~	~	~	~	~	~	~
Full Traffic Signal	х	х	EJ	EJ	EJ	EJ	EJ	EJ	~	~	~	~	~
Grade separation	х	х	EJ	EJ	EJ	х	EJ	EJ	EJ	EJ	EJ	~	~







\*Evansville local streets have a speed limit of 30mph.

Source: Based on professional experience and recommendations from the FHWA 2005 report *Safety Effects of Marked Versus Unmarked Crosswalks at Uncontrolled Locations*.

### Evansville Bicycle & Pedestrian Connectivity Master Plan

# BICYCLE FACILITY CONTEXTUAL GUIDANCE

Selecting the best bikeway facility type for a given roadway can be challenging, due to the range of factors that influence bicycle users' comfort and safety. There is a significant impact on cycling comfort when the speed differential between bicyclists and motor vehicle traffic is high and motor vehicle traffic volumes are high. As a starting point to identify a preferred facility, the chart below can be used to determine the recommended type of bikeway to be provided in particular roadway speed

and volume situations. To use this chart, identify the appropriate daily traffic volume and travel speed on the existing or proposed roadway, and locate the facility types indicated by those key variables.

Other factors beyond speed and volume which affect facility selection include traffic mix of automobiles and heavy vehicles, the presence of on-street parking, intersection density, surrounding land use, and roadway sight distance. See the right column of the chart for other key issues to consider when selecting an appropriate facility type.

SEPARATION <sup>5</sup>						
	Minimal Se	paration				
Moderate Separation						
Good Separation						
•••• High Separation						
min	VOLUME	max				
min	SPEED	max				
Acceptable	Desired	Acceptable				

#### Notes:

LEGEND

1. Refers to specific bicycle facilities described in the design guidelines. Many local roads function just fine as they are due to their low traffic volume and speed.

2. The use of functional classes provides some general context for the cases in which bicycle facilities are most likely to be implemented. Land use and additional factors (see 4) should always take precedence in determining which facility type to select.

3. Urban peak hour factors typically range from 8 to 12 percent of AADT. For the purposes of this chart, the peak hour is assumed to be 10 percent of AADT.

FACILITY TYPE <sup>1</sup>	STREET <sup>2</sup> CLASS	0	2	4	6	8	10	15+	20+	25+	30+	ADDITIONAL <sup>4</sup>
BICYCLE BOULEVARD OCONFORTABLE and attractive bicycling environment without utilizing physical separation; Includes traffic calming.	MINOR STREET							,				• Emergency Route
BIKE ROUTE •••• A travel lane shared by bicy- clists and motorists, indicated by signage.	MINOR STREET											Higher Traffic Volumes     Space for Traffic Calming     Space for Bike Lanes     Critical Network Link
BIKE LANE •••• Exclusive space for bicyclists through the use of pavement markings and signage.	COLLECTOR STREET											High Turnover Parking     Front-in Diagonal Parking     Insufficient Road Space     High Traffic Volumes     Multiple Travel Lanes
<b>BUFFERED BIKE LANE ●●●</b> Traditional bike lane separated by painted buffer to vehicle travel lanes or parking lanes.	MINOR ARTERIAL											Insufficient Road Space     Illegal Parking/Loading     Sidewalk Riding     Space for Cycle Track
CYCLE TRACK •••• Physically separated bikeway. Could be one or two way and physically protected.	MINOR ARTERIAL											Frequent Driveways     Frequent Intersections     Park or linear corridor     with space for sidepath
SIDEPATH •••• Completely separated from roadway, typically shared with pedestrians	ARTERIAL FREEWAY											Frequent Driveways     Frequent Intersections     High Pedestrian Volume
		15	20	25	30	35	40	45	50	55	60+	

4. Noted additional factors include a selection of considerations that may influence the selection of bicycle facility type where roadway speed/volume values overlap over multiple facilities. Many of the factors that suggest increasing separation are common across multiple facility types like bike lanes, buffered bike lanes and cycle tracks.

5. Increased separation of bicycle facilities from motor vehicle traffic typically results in higher levels of user comfort and appeals to wider skill levels of bicyclists.

6. This chart considers posted speed limit only. The 85th percentile speed may vary, and may change with implementation of a bikeway.

# COMPLETE STREETS CROSS SECTIONS

Followed are some recommended cross sections for streets that offer a good starting point for cities and counties, and should be determined on a project by project basis.

Subsequent pages provide details about trail, bicycle, and pedestrian design.



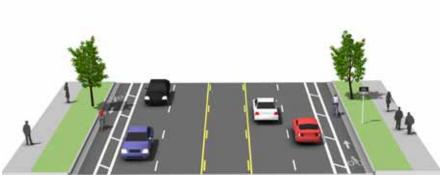
Minor Street



**Collector Street** 



Minor Arterial



Major Arterial

# SHARED USE PAVED TRAILS AND OFF STREET FACILITIES

A shared use paved trail (also known as a greenway) allows for two-way, off-street bicycle use and also may be used by pedestrians, skaters, wheelchair users, joggers and other non-motorized users. These facilities are frequently found in parks, along rivers, beaches, and in greenbelts or utility corridors where there are few conflicts with motorized vehicles. Trail facilities can also include amenities such as lighting, signage, and fencing (where appropriate).

Key features of shared use paved trails include:

- Frequent access points from the local road network.
- Directional signs to direct users to and from the trail.
- A limited number of at-grade crossings with streets or driveways.
- Terminating the trail where it is easily accessible to and from the street system.
- Separate parallel paths or treads for pedestrians and bicyclists when heavy use is expected.













# **General Design Practices**

### Description

Shared use paved trails can provide a desirable facility, particularly for recreation, and users of all skill levels preferring separation from traffic. Bicycle trails should generally provide directional travel opportunities not provided by existing roadways.

# Guidance

#### Width

- 8 feet is the minimum allowed for a two-way bicycle trail and is only recommended for low traffic situations.
- 10 feet is recommended in most situations and will be adequate for moderate to heavy use.
- 12 feet is recommended for heavy use situations with high concentrations of multiple users. A separate track (5' minimum) can be provided for pedestrian use.

#### Lateral Clearance

- A 2 foot or greater shoulder on both sides of the trail should be provided. An additional foot of lateral clearance (total of 3') is required by the MUTCD for the installation of signage or other furnishings.
- If bollards are used at intersections and access points, they should be colored brightly and/or supplemented with reflective materials to be visible at night.

#### **Overhead Clearance**

• Clearance to overhead obstructions should be 8 feet minimum, with 10 feet recommended.

#### Striping

- When striping is required, use a 4 inch dashed yellow centerline stripe with 4 inch solid white edge lines.
- Solid centerlines can be provided on tight or blind corners, and on the approaches to roadway crossings.

#### Discussion

Terminate the trail where it is easily accessible to and from the street system, preferably at a controlled intersection or at the beginning of a deadend street.

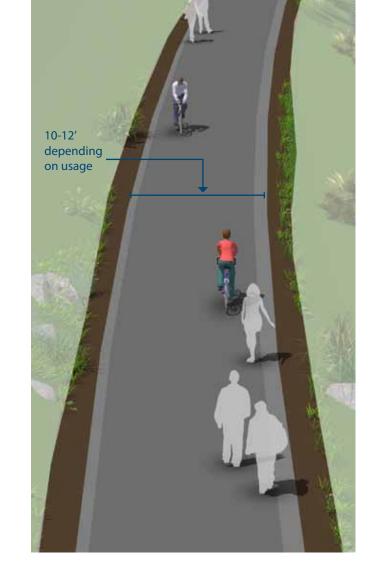
#### **Additional References and Guidelines**

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

FHWA. Manual on Uniform Traffic Control Devices. 2009. Flink, C. Greenways: A Guide To Planning Design And Development. 1993.

#### **Materials and Maintenance**

Asphalt is the most common surface for bicycle trails. The use of concrete for trails has proven to be more durable over the long term. Saw cut concrete joints rather than troweled improve the experience of trail users.



# Shared Use Paved Trails in Abandoned Rail Corridors

# Description

Commonly referred to as Rails-to-Trails or Rail-Trails, these projects convert vacated rail corridors into off-street trails. Rail corridors offer several advantages, including relatively direct routes between major destinations and generally flat terrain.

In some cases, rail owners may rail-bank their corridors as an alternative to a complete abandonment of the line, thus preserving the rail corridor for possible future use.

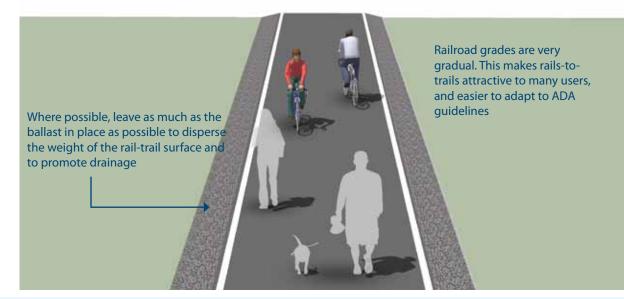
The railroad may form an agreement with any person, public or private, who would like to use the banked rail line as a trail or linear park until it is again needed for rail use. Municipalities should acquire abandoned rail rights-of-way whenever possible to preserve the opportunity for trail development.

# Guidance

Shared use paved trails in abandoned rail corridors should meet or exceed general design practices. If additional width allows, wider trails, and landscaping are desirable.

In full conversions of abandoned rail corridors, the sub-base, superstructure, drainage, bridges, and crossings are already established. Design becomes a matter of working with the existing infrastructure to meet the needs of a rail-trail.

If converting a rail bed adjacent to an active rail line, see Shared Use Paved Trails in Existing Active Rail Corridors.



#### Discussion

It is often impractical and costly to add material to existing railroad bed fill slopes. This results in trails that meet minimum trail widths, but often lack preferred shoulder and lateral clearance widths.

Rail-to-trails can involve many challenges including the acquisition of the right of way, cleanup and removal of toxic substances, and rehabilitation of tunnels, trestles and culverts. A structural engineer should evaluate existing railroad bridges for structural integrity to ensure they are capable of carrying the appropriate design loads.

#### Additional References and Guidelines

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

FHWA. Manual on Uniform Traffic Control Devices. 2009.

Flink, C. Greenways: A Guide To Planning Design And Development. 1993.

#### **Materials and Maintenance**

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# Shared Use Paved Trails in Active Rail Corridors

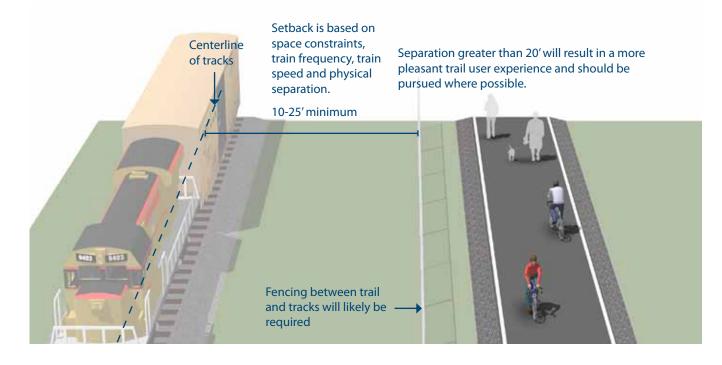
### Description

Rails-with-Trails projects typically consist of trails adjacent to active railroads. It should be noted that some constraints could impact the feasibility of rail-with-trail projects. In some cases, space needs to be preserved for future planned freight, transit or commuter rail service. In other cases, limited right-of-way width, inadequate setbacks, concerns about safety/trespassing, and numerous mid-block crossings may affect a project's feasibility.

## Guidance

Shared use paved trails in utility corridors should meet or exceed general design standards. If additional width allows, wider trails, and landscaping are desirable.

If required, fencing should be a minimum of 5 feet in height with higher fencing than usual next to sensitive areas such as switching yards. Setbacks from the active rail line will vary depending on the speed and frequency of trains, and available right-of-way.



#### Discussion

Railroads may require fencing with rail-with-trail projects. Concerns with trespassing and security can vary with the volume and speed of train traffic on the adjacent rail line and the setting of the shared use paved trail, i.e. whether the section of track is in an urban or rural setting.

#### **Additional References and Guidelines**

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

FHWA. Manual on Uniform Traffic Control Devices. 2009. FHWA. Rails-with-Trails: Lessons Learned. 2002.

#### **Materials and Maintenance**

Asphalt is the most common surface for bicycle trails. The use of concrete for trails has proven to be more durable over the long term. Saw cut concrete joints rather than troweled improve the experience of trail users.

# Shared Use Paved Trails in River and Utility Corridors

## Description

Utility and waterway corridors often offer excellent shared use paved trail development and bikeway gap closure opportunities. Utility corridors typically include powerline and sewer corridors, while waterway corridors include canals, drainage ditches, rivers, and beaches. These corridors offer excellent transportation and recreation opportunities for bicyclists of all ages and skills.

# Guidance

Shared use paved trails in utility corridors should meet or exceed general design practices. If additional width allows, wider trails, and landscaping are desirable.

#### **Access Points**

Any access point to the trail should be well-defined with appropriate signage designating the trail as a bicycle facility and prohibiting motor vehicles.

#### Trail-Closure

Public access to the trail may be prohibited during the following events:

- Canal/flood control channel or other utility maintenance activities
- Inclement weather or the prediction of storm conditions



#### Discussion

Similar to railroads, public access to flood control channels or canals may be undesirable. Hazardous materials, deep water or swift current, steep, slippery slopes, and debris all may constitute risks for public access. If desired, consider appropriate fencing to keep trail users within the designated travel way. Creative design of fencing is encouraged to make the trail facility feel welcoming to the user.

#### **Additional References and Guidelines**

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

FHWA. Manual on Uniform Traffic Control Devices. 2009. Flink, C. Greenways: A Guide To Planning Design And Development. 1993.

#### Materials and Maintenance

Asphalt is the most common surface for bicycle trails. The use of concrete for trails has proven to be more durable over the long term. Saw cut concrete joints rather than troweled improve the experience of trail users.

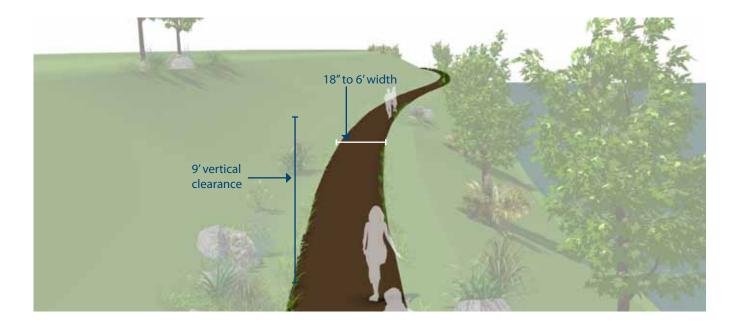
# **Natural Surface Trails**

### Description

Sometimes referred to as footpaths, hiking trails or single track trails, the soft surface shared use trail is used along corridors that are environmentally-sensitive but can support bare earth, wood chip, or boardwalk trails. Natural surface trails are a low-impact solution and found in areas with limited development or where a more primitive experience is desired.

# Guidance

- Trails can vary in width from 18 inches to 6 feet or greater; vertical clearance should be maintained at nine-feet above grade.
- Mountain bike trails are typically 18-24 inches wide and have compacted bare earth or leaf litter surfacing.
- Base preparation varies from machine-worked surfaces to those worn only by usage.
- Trail surface can be made of dirt, rock, soil, forest litter, or other native materials. Some trails use crushed stone (a.k.a. "crush and run") that contains about 4% fines by weight, and compacts with use.
- Provide positive drainage for trail tread without extensive removal of existing vegetation; maximum slope is five percent (typical).



#### Description

Sometimes referred to as footpaths, hiking trails or single track trails, the soft surface shared use trail is used along corridors that are environmentally-sensitive but can support bare earth, wood chip, or boardwalk trails. Natural surface trails are a low-impact solution and found in areas with limited development or where a more primitive experience is desired.

### Additional References and Guidelines

IMBA. Managing Mountain Biking. 2007. IMBA. Trail Solutions. 2004. Flink, C. Greenways: A Guide To Planning Design And Development. 1993.

#### **Materials and Maintenance**

Consider implications for accessibility when weighing options for surface treatments.

# Boardwalks

# Description

Boardwalks are typically required when crossing wetlands or other poorly drained areas. They are usually constructed of wooden planks or recycled material planks that form the top layer of the boardwalk. The recycled material has gained popularity in recent years since it lasts much longer than wood, especially in wet conditions. A number of low-impact support systems are also available that reduce the disturbance within wetland areas to the greatest extent possible.

# Guidance

- Boardwalk width should be a minimum of 10 feet when no rail is used. A 12 foot width is preferred in areas with average anticipated use and whenever rails are used.
- When the height of a boardwalk exceeds 30", railings are required.
- If access by vehicles is desired, boardwalks should be designed to structurally support the weight of a small truck or a light-weight vehicle.



#### Discussion

In general, building in wetlands is subject to regulations and should be avoided.

The foundation normally consists of wooden posts or auger piers (screw anchors). Screw anchors provide greater support and last much longer.

#### **Additional References and Guidelines**

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

FHWA. Wetland Trail Design and Construction. 2007.

#### **Materials and Maintenance**

Decking should be either non-toxic treated wood or recycled plastic. Cable rails are attractive and more visually transparent but may require maintenance to tighten the cables if the trail has snow storage requirements.

#### Appendix 1 - Design Guidelines

# Shared Use Paved Trails Along Roadways

### Description

Shared use paved trails along roadways, also called Sidepaths, are a type of trail that runs adjacent to a street.

Because of operational concerns it is generally preferable to place trails within independent rights-of-way away from roadways. However, there are situations where existing roads provide the only corridors available.

Along roadways, these facilities create a situation where a portion of the bicycle traffic rides against the normal flow of motor vehicle traffic and can result in wrong-way riding where bicyclists enter or leave the trail.

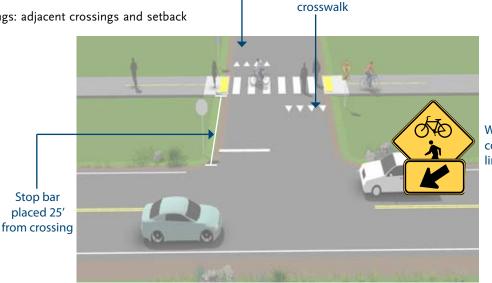
The AASHTO Guide for the Development of Bicycle Facilities cautions practitioners of the use of two-way sidepaths on urban or suburban streets with many driveways and street crossings.

In general, there are two approaches to crossings: adjacent crossings and setback crossings, illustrated below.

# Guidance

- Guidance for sidepaths should follow that for general design practices of shared use paved trails.
- A high number of driveway crossings and intersections create potential conflicts with turning traffic. Consider alternatives to sidepaths on streets with a high frequency of intersections or heavily used driveways.
- Where a sidepath terminates special consideration should be given to transitions so as not to encourage unsafe wrong-way riding by bicyclists.
- Crossing design should emphasize visibility of users and clarity of expected yielding behavior. Crossings may be STOP or YIELD controlled depending on sight lines and bicycle motor vehicle volumes and speeds.

Yield line placed 6' from



# W11-15, W16-7P used in conjunction with yield lines

#### Discussion

The provision of a shared use paved trail adjacent to a road is not a substitute for the provision of on-road accommodation such as paved shoulders or bike lanes, but may be considered in some locations in addition to on-road bicycle facilities.

To reduce potential conflicts in some situations, it may be better to place one-way sidepaths on both sides of the street.

#### Additional References and Guidelines

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

NACTO. Urban Bikeway Design Guide. See entry on Raised Cycle Tracks. 2012.

#### Materials and Maintenance

Asphalt is the most common surface for bicycle trails. The use of concrete for trails has proven to be more durable over the long term. Saw cut concrete joints rather than troweled improve the experience of trail users.

# TRAIL ROADWAY CROSSINGS

At-grade roadway crossings can create potential conflicts between trail users and motorists, however, well-designed crossings can mitigate many operational issues and provide a higher degree of safety and comfort for trail users. This is evidenced by the thousands of successful facilities around the United States with at-grade crossings. In most cases, at-grade trail crossings can be properly designed to provide a reasonable degree of safety and can meet existing traffic and safety standards. Trail facilities that cater to bicyclists can require additional considerations due to the higher travel speed of bicyclists versus pedestrians.

Consideration must be given to adequate warning distance based on vehicle speeds and line of sight, with the visibility of any signs absolutely critical. Directing the active attention of motorists to roadway signs may require additional alerting devices such as a flashing beacon, roadway striping or changes in pavement texture. Signing for trail users may include a standard "STOP" or "YIELD" sign and pavement markings, possibly combined with other features such as bollards or a bend in the trail to slow bicyclists. Care must be taken not to place too many signs at crossings lest they begin to lose their visual impact.

A number of striping patterns have emerged over the years to delineate trail crossings. A median stripe on the trail approach will help to organize and warn trail users. Crosswalk striping is typically a matter of local and State preference, and may be accompanied by pavement treatments to help warn and slow motorists. In areas where motorists do not typically yield to crosswalk users, additional measures may be required to increase compliance.



# Marked/Unsignalized Crossings

### Description

A marked/unsignalized crossing typically consists of a marked crossing area, signage and other markings to slow or stop traffic. The approach to designing crossings at mid-block locations depends on an evaluation of vehicular traffic, line of sight, trail traffic, use patterns, vehicle speed, road type, road width, and other safety issues such as proximity to major attractions.

When space is available, using a median refuge island can improve user safety by providing pedestrians and bicyclists space to perform the safe crossing of one side of the street at a time.

# Guidance

#### Maximum traffic volumes

- ≤9,000-12,000 Average Daily Traffic (ADT) volume
- Up to 15,000 ADT on two-lane roads, preferably with a median
- Up to 12,000 ADT on four-lane roads with median

#### Maximum travel speed

• 35 MPH

#### Minimum line of sight

- 25 MPH zone: 155 feet
- 35 MPH zone: 250 feet
- 45 MPH zone: 360 feet



#### Discussion

Unsignalized crossings of multi-lane arterials over 15,000 ADT may be possible with features such as sufficient crossing gaps (more than 60 per hour), median refuges, and/or active warning devices like rectangular rapid flash beacons or in-pavement flashers, and excellent sight distance. For more information see the discussion of active warning beacons.

On roadways with low to moderate traffic volumes (<12,000 ADT) and a need to control traffic speeds, a raised crosswalk may be the most appropriate crossing design to improve pedestrian visibility and safety.

#### Additional References and Guidelines AASHTO. Guide for the Development of Bicycle Facilities. 2012.

FHWA. Manual on Uniform Traffic Control Devices. 2009.

#### Materials and Maintenance

Locate markings out of wheel tread when possible to minimize wear and maintenance costs.

# **Active Warning Beacons**

# Description

Enhanced marked crossings are unsignalized crossings with additional treatments designed to increase motor vehicle yielding compliance on multi-lane or high volume roadways.

These enhancements include trail user or sensor actuated warning beacons, Rectangular Rapid Flash Beacons (RRFB) shown below, or in-roadway warning lights.

Rectangular rapid flash beacons show the most increased compliance of all the warning beacon enhancement options.

# Guidance

Guidance for marked/unsignalized crossings applies.

- Warning beacons shall not be used at crosswalks controlled by YIELD signs, STOP signs, or traffic control signals.
- Warning beacons shall initiate operation based on user actuation and shall cease operation at a predetermined time after the user actuation or, with passive detection, after the user clears the crosswalk.



#### Discussion

An FHWA report presented study results showing of the effectiveness of going from a no-beacon arrangement to a twobeacon RRFB installation increased yielding from 18 percent to 81 percent. A four-beacon arrangement raised compliance to 88%. Additional studies of long term installations show little to no decrease in yielding behavior over time.

#### **Additional References and Guidelines**

FHWA. Manual on Uniform Traffic Control Devices. 2009.

FHWA. MUTCD - Interim Approval for Optional Use of Rectangular Rapid Flashing Beacons (IA-11). 2008.

FHWA. Effects of Yellow Rectangular Rapid-Flashing Beacons on Yielding at Multilane Uncontrolled Crosswalks. 2010.

Alhajri, F., Carlso, K., Foster, N., Georde, D. A Study on Driver's Compliance to Rectangular Rapid Flashing Beacons. 2013.

#### **Materials and Maintenance**

Locate markings out of wheel tread when possible to minimize wear and maintenance costs. Signing and striping need to be maintained to help users understand any unfamiliar traffic control.

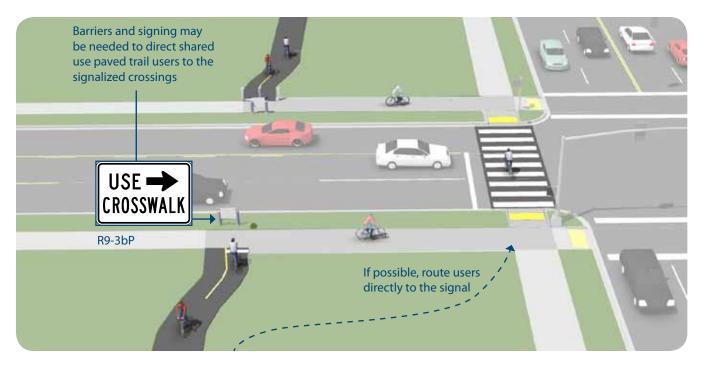
# **Routing Users to Signalized Crossings**

### Description

Trail crossings within approximately 400 feet of an existing signalized intersection with pedestrian crosswalks are typically diverted to the signalized intersection to avoid traffic operation problems when located so close to an existing signal. For this restriction to be effective, barriers and signing may be needed to direct trail users to the signalized crossing. If no pedestrian crossing exists at the signal, modifications should be made.

# Guidance

Trail crossings should not be provided within approximately 400 feet of an existing signalized intersection. If possible, route trail directly to the signal.



#### Discussion

In the US, the minimum distance a marked crossing can be from an existing signalized intersection varies from approximately 250 to 660 feet. Engineering judgement and the context of the location should be taken into account when choosing the appropriate allowable setback. Pedestrians are particularly sensitive to out of direction travel and jaywalking may become prevalent if the distance is too great.

#### Additional References and Guidelines

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

AASHTO. Guide for the Planning, Design, and Operation of Pedestrian Facilities. 2004.

#### Materials and Maintenance

If a sidewalk is used for crossing access, it should be kept clear of snow and debris and the surface should be level for wheeled users.

# **Pedestrian Hybrid Beacon Crossings**

# Description

Pedestrian hybrid beacons provide a high level of comfort for crossing users through the use of a red-signal indication to stop conflicting motor vehicle traffic.

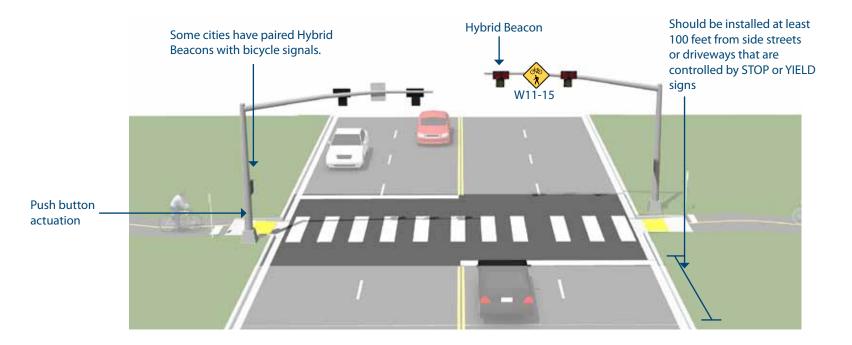
Hybrid beacon installation faces only cross motor vehicle traffic, stays dark when inactive, and uses a unique 'wig-wag' signal phase to indicate activation. Vehicles have the option to proceed after stopping during the final flashing red phase, which can reduce motor vehicle delay when compared to a full signal installation.

# Guidance

Hybrid beacons (illustrated here) may be installed without meeting traffic signal control warrants if roadway speed and volumes are excessive for comfortable trail crossings.

FHWA does not allow bicycle signals to be used with Hybrid beacons, though some cities have done so successfully.

To maximize safety when used for bicycle crossings, the flashing 'wig-wag' phase should be very short and occur after the pedestrian signal head has changed to a solid "DON'T WALK" indication as bicyclists can enter an intersection quickly.



#### Discussion

Shared use paved trail signals are normally activated by push buttons but may also be triggered by embedded loop, infrared, microwave or video detectors. The maximum delay for activation of the signal should be two minutes, with minimum crossing times determined by the width of the street.

Each crossing, regardless of traffic speed or volume, requires additional review by a registered engineer to identify sight lines, potential impacts on traffic progression, timing with adjacent signals, capacity and safety.

#### **Additional References and Guidelines**

FHWA. Manual on Uniform Traffic Control Devices. 2009.

NACTO. Urban Bikeway Design Guide. 2012.

#### **Materials and Maintenance**

Hybrid beacons are subject to the same maintenance needs and requirements as standard traffic signals. Signing and striping need to be maintained to help users understand any unfamiliar traffic control.

# **Full Traffic Signal Crossings**

## Description

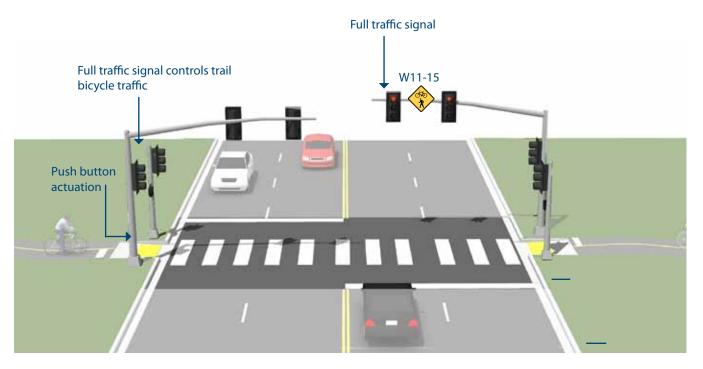
Signalized crossings provide the most protection for crossing trail users through the use of a red-signal indication to stop conflicting motor vehicle traffic.

A full traffic signal installation treats the trail crossing as a conventional 4-way intersection and provides standard red-yellow-green traffic signal heads for all legs of the intersection.

# Guidance

Full traffic signal installations must meet MUTCD pedestrian, school or modified warrants. Additional guidance for signalized crossings:

- Located more than 300 feet from an existing signalized intersection
- Roadway travel speeds of 40 MPH and above
- Roadway ADT exceeds 15,000 vehicles



#### Discussion

Shared use paved trail signals are normally activated by push buttons but may also be triggered by embedded loop, infrared, microwave or video detectors. The maximum delay for activation of the signal should be two minutes, with minimum crossing times determined by the width of the street.

Each crossing, regardless of traffic speed or volume, requires additional review by a registered engineer to identify sight lines, potential impacts on traffic progression, timing with adjacent signals, capacity and safety.

#### Additional References and Guidelines

FHWA. Manual on Uniform Traffic Control Devices. 2009.

NACTO. Urban Bikeway Design Guide. 2012.

#### **Materials and Maintenance**

Traffic signals require routine maintenance. Signing and striping need to be maintained to help users understand any unfamiliar traffic control.

# Undercrossings

# Description

Bicycle/pedestrian undercrossings provide critical non-motorized system links by joining areas separated by barriers such as railroads and highway corridors. In most cases, these structures are built in response to user demand for safe crossings where they previously did not exist.

There are no minimum roadway characteristics for considering grade separation. Depending on the type of facility or the desired user group grade separation may be considered in many types of projects.

# Guidance

- 14 foot minimum width, greater widths preferred for lengths over 60 feet.
- 10 foot minimum height.
- The undercrossing should have a centerline stripe even if the rest of the trail does not have one.
- Lighting should be considered during the design process for any undercrossing with high anticipated use or in culverts and tunnels.



#### Discussion

Safety is a major concern with undercrossings. Shared use paved trail users may be temporarily out of sight from public view and may experience poor visibility themselves. To mitigate safety concerns, an undercrossing should be designed to be spacious, well-lit, equipped with emergency cell phones at each end and completely visible for its entire length from end to end.

#### Additional References and Guidelines

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

AASHTO. Guide for the Planning, Design, and Operation of Pedestrian Facilities. 2004.

#### **Materials and Maintenance**

14 foot width allows for maintenance vehicle access.

Potential problems include conflicts with utilities, drainage, flood control and vandalism.

# Overcrossings

### Description

Bicycle/pedestrian overcrossings provide critical non-motorized system links by joining areas separated by barriers such as deep canyons, waterways or major transportation corridors. In most cases, these structures are built in response to user demand for safe crossings where they previously did not exist.

There are no minimum roadway characteristics for considering grade separation. Depending on the type of facility or the desired user group grade separation may be considered in many types of projects.

Overcrossings require a minimum of 17 feet of vertical clearance to the roadway below versus a minimum elevation differential of around 12 feet for an undercrossing. This results in potentially greater elevation differences and much longer ramps for bicycles a

# Guidance

8 foot minimum width, 14 feet preferred. If overcrossing has any scenic vistas additional width should be provided to allow for stopping. A separate 5 foot pedestrian area may be provided for facilities with high bicycle and pedestrian use.

10 foot headroom on overcrossing; clearance below will vary depending on feature being crossed.

Roadway:	17 feet
Freeway:	18.5 feet
Heavy Rail Line:	23 feet

The overcrossing should have a centerline stripe even if the rest of the trail does not have one.



Trail width of 14 feet preferred for shared bicycle and pedestrian overcrossings

#### Discussion

Overcrossings for bicycles and pedestrians typically fall under the Americans with Disabilities Act (ADA), which strictly limits ramp slopes to 5% (1:20) with landings at 400 foot intervals, or 8.33% (1:12) with landings every 30 feet.

Overcrossings pose potential concerns about visual impact and functional appeal, as well as space requirements necessary to meet ADA guidelines for slope.

#### Additional References and Guidelines

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

AASHTO. Guide for the Planning, Design, and Operation of Pedestrian Facilities. 2004.

#### **Materials and Maintenance**

Potential issues with vandalism.

Overcrossings can be more difficult to clear of snow than undercrossings.

# PEDESTRIAN FACILITY DESIGN

# Sidewalks

Sidewalks are the most fundamental element of the walking network, as they provide an area for pedestrian travel that is separated from vehicle traffic. Sidewalks are typically constructed out of concrete and are separated from the roadway by a curb or gutter and sometimes a landscaped planting strip area. Sidewalks are a common application in both urban and suburban environments.

Attributes of well-designed sidewalks include the following:

- Accessibility: A network of sidewalks should be accessible to all users.
- Adequate width: Two people should be able to walk side-by-side and pass a third comfortably. Different walking speeds should be possible. In areas of intense pedestrian use, sidewalks should accommodate the high volume of walkers.

- **Safety:** Design features of the sidewalk should allow pedestrians to have a sense of security and predictability. Sidewalk users should not feel they are at risk due to the presence of adjacent traffic.
- **Continuity:** Walking routes should be obvious and should not require pedestrians to travel out of their way unnecessarily.
- Landscaping: Plantings and street trees should contribute to the overall psychological and visual comfort of sidewalk users, and be designed in a manner that contributes to the safety of people.
- Drainage: Sidewalks should be well graded to minimize standing water.
- **Social space:** There should be places for standing, visiting, and sitting. The sidewalk area should be a place where adults and children can safely participate in public life.
- **Quality of place:** Sidewalks should contribute to the character of neighborhoods and business districts.

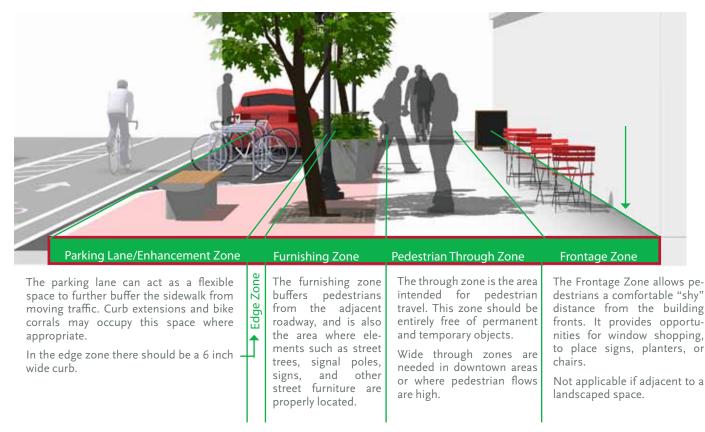




# Zones in the Sidewalk Corridor

### Description

Sidewalks are the most fundamental element of the walking network, as they provide an area for pedestrian travel separated from vehicle traffic. A variety of considerations are important in sidewalk design. Providing adequate and accessible facilities can lead to increased numbers of people walking, improved safety, and the creation of social space.



#### Discussion

Sidewalks should be more than areas to travel; they should provide places for people to interact. There should be places for standing, visiting, and sitting. Sidewalks should contribute to the character of neighborhoods and business districts, strengthen their identity, and be an area where adults and children can safely participate in public life.

#### **Additional References and Guidelines**

USDOJ. ADA Standards for Accessible Design. 2010.

United States Access Board. Proposed Accessibility Guidelines for Pedestrian Facilities in the Public-Right-of-Way (PROWAG). 2011.

AASHTO. Guide for the Planning, Design, and Operation of Pedestrian Facilities. 2004.

NACTO. Urban Street Design Guide. 2013.

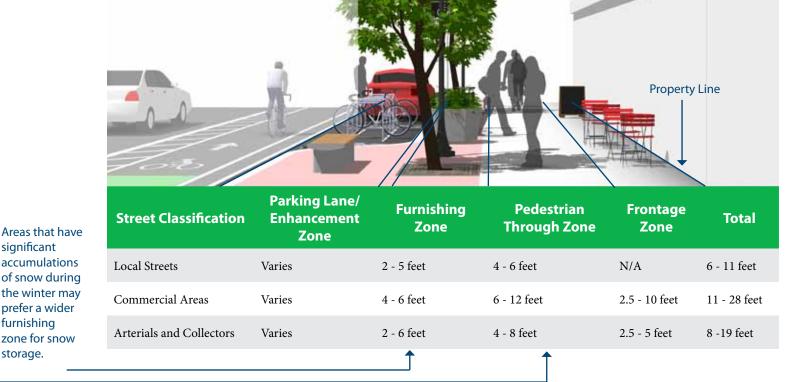
#### **Materials and Maintenance**

Sidewalks are typically constructed out of concrete and are separated from the roadway by a curb or gutter and sometimes a landscaped space. Colored, patterned, or stamped concrete can add distinctive visual appeal.

# Sidewalk Widths

## Description

The width and design of sidewalks will vary depending on street context, functional classification, and pedestrian demand. Below are preferred widths of each sidewalk zone according to general street type. Standardizing sidewalk guidelines for different areas of the city, dependent on the above listed factors, ensures a minimum level of quality for all sidewalks.



Six feet enables two pedestrians (including wheelchair users) to walk side-by-side, or to pass each other comfortably

# Discussion

Sidewalks should be more than areas to travel; they should provide places for people to interact. There should be places for standing, visiting, and sitting. Sidewalks should contribute to the character of neighborhoods and business districts, strengthen their identity, and be an area where adults and children can safely participate in public life.

significant

furnishing

storage.

#### Additional References and Guidelines

USDOJ. ADA Standards for Accessible Design. 2010.

United States Access Board. Proposed Accessibility Guidelines for Pedestrian Facilities in the Public-Right-of-Way (PROWAG). 2011.

AASHTO. Guide for the Planning, Design, and Operation of Pedestrian Facilities. 2004.

NACTO. Urban Street Design Guide. 2013.

#### Materials and Maintenance

Sidewalks are typically constructed out of concrete and are separated from the roadway by a curb or gutter and sometimes a landscaped space. Colored, patterned, or stamped concrete can add distinctive visual appeal.

# **Driveways and Sidewalk Obstructions**

### Description

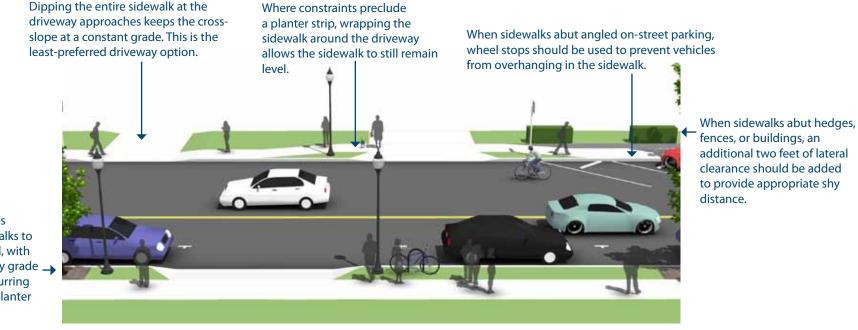
Driveway crossings can present challenges and potential conflicts for pedestrians, especially if they are designed with the movement of the motor vehicle prioritized at the expense of pedestrian circulation.

Reducing the number of accesses reduces the need for special provisions. This strategy should be pursued first.

# Guidance

To the extent possible the sidewalk should be flat and uninterrupted through driveways, so that the priority is always with the pedestrian flow. Vehicles may be required to drive up or down to cross over the sidewalk, but this reinforces to the motorist that they need to use caution and slow speeds when crossing the pedestrian zone.

The use of a landscaped buffer area between the sidewalk and the street allows driveway slopes to occur within the landscape zone, and allows for a flat and level pedestrian through zone is always maintained through the driveway area.



Planter strips allow sidewalks to remain level, with the driveway grade change occurring within the planter strip.

#### Discussion

According to the United States Federal Highway Administration (FHWA):

Well defined driveways clearly mark the area where motorists will be crossing the pedestrian's path. Non-defined vehicle access points with continuous access to parking create a long conflict area between pedestrians and motorists. This added area of ambiguity complicates the motorist's task of watching for pedestrians.

#### **Additional References and Guidelines**

United States Access Board. Proposed Accessibility Guidelines for Pedestrian Facilities in the Public-Right-of-Way (PROWAG). 2011.

AASHTO. Guide for the Planning, Design, and Operation of Pedestrian Facilities. 2004.

U.S. Department of Transportation Federal Highway Administration. (2006). How to Develop a Pedestrian Safety Action Plan, p 56

#### **Materials and Maintenance**

Sidewalks are typically constructed out of concrete and are separated from the roadway by a curb or gutter and sometimes a landscaped space. Surfaces must be firm, stable, and slip resistant.

# **Pedestrian Amenities**

# Description

A variety of streetscape elements can define the pedestrian realm, offer protection from moving vehicles, and enhance the walking experience. Key features are presented below.

#### Street Trees

In addition to their aesthetic and environmental value, street trees can slow traffic and improve safety for pedestrians. Trees add visual interest to streets and narrow the street's visual corridor, which may cause drivers to slow down. It is important that trees do not block light or the vision triangle.

#### **Street Furniture**

Providing benches at key rest areas and viewpoints encourages people of all ages to use the walkways by ensuring that they have a place to rest along the way. Benches should be 20" tall to accommodate elderly pedestrians comfortably. Benches can be simple (e.g., wood slats) or more ornate (e.g., stone, wrought iron, concrete). If alongside a parking zone, street furniture should be placed to minimize interference with passenger loading.

#### **Green Features**

Green stormwater strategies may include bioretention swales, rain gardens, tree box filters, and pervious pavements (pervious concrete, asphalt and pavers).

Bioswales are natural landscape elements that manage water runoff from a paved surface. Plants in the swale trap pollutants and silt from entering a river system.

#### Lighting

Pedestrian scale lighting improves visibility for both pedestrians and motorists - particularly at intersections. Pedestrian scale lighting can provide a vertical buffer between the sidewalk and the street, defining pedestrian areas. Pedestrian scale lighting should be used in areas of high pedestrian activity.

#### Discussion

Additional pedestrian amenities such as banners, public art, special paving, along with historical elements and cultural references, promote a sense of place. Public activities should be encouraged and commercial activities such as dining, vending and advertising may be permitted when they do not interfere with safety and accessibility.

Pedestrian amenities should be placed in the furnishing zone on a sidewalk corridor. See Zones in the Sidewalk Corridor for a discussion of the functional parts of a sidewalk. Signs, meters, tree wells should go between parking spaces.

#### Additional References and Guidelines

United States Access Board. Proposed Accessibility Guidelines for Pedestrian Facilities in the Public-Right-of-Way (PROWAG). 2011.

NACTO. Urban Street Design Guide. 2013.

#### Materials and Maintenance

Furnishing Zone

> Establishing and caring for your young street trees is essential to their health. Green features may require routine maintenance, including sediment and trash removal, and clearing curb openings and overflow drains.

# **Transit Stop Infrastructure**

### Description

A variety of streetscape elements can define the pedestrian realm, offer protection from moving vehicles, and enhance the walking experience. Key features are presented below.

# Guidance

**Signs** at bus stops are an important element of good transit service. Signs serve as a source of information to patrons and operators regarding the location of the bus stop and are excellent marketing tools to promote transit use.

**Benches** provide comfort and convenience at bus stops and are usually installed on the basis of existing or projected ridership figures. A bench may be installed by itself or as part of a shelter.

**Lighting** is important for safety and security of transit patrons. A brightly lit bus stop makes it easier for the bus driver to observe waiting passengers and allows motorists to see pedestrians moving to and from the bus stop.

**Shelters** provide protection from the elements and seating while for patrons waiting for rides. An attractive, well designed shelter can also be a positive addition to a streetscape that contributes to a sense of place. It also provides an excellent opportunity to improve the visibility of the transit service and to provide maps and other informational signage to help people use the service.

**Waste receptacles** can be provided at higher use transit stops to reduce unwanted items being brought on the transit vehicle.

**Marked crossings** should help pedestrians safely navigate to bus stops and the surrounding destinations.

**Bicycle accommodations** are important to encourage multimodal trip making. Consider bicycle racks on busses, and bike parking at transit stations.



#### Discussion

Signs and/or pavement markings identifying a bus stop and restricting parking are the bare minimum bus stop infrastructure. Ideally traffic regulations should be established prohibit parking, standing, or stopping at bus stops. An allowance for passenger vehicles to stop to load or unload passengers in the bus stops may be included.

#### **Additional References and Guidelines**

FHWA. (2006). Federal Highway Administration University Course on Bicycle and Pedestrian Transportation. Lesson 18: Bicycle and Pedestrian Connections to Transit.

#### **Materials and Maintenance**

Features should be maintained to ensure proper lighting, comfort and security.

### **Pedestrian Scale Lighting**

### Description

Pedestrian scale lighting improves visibility for both pedestrians and motorists - particularly at intersections and in areas of high pedestrian activity.

Pedestrian scale lighting is characterized by short light poles (around 15 feet high), close spacing, low levels of illumination (except at crossings), and the use of LED lamps to produce good color rendition, long service life and high energy efficiency.

Solar powered lights are

available where utility

connection is difficult.

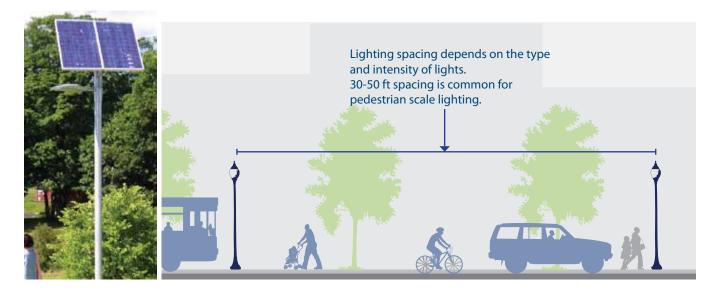
Guidance

Locate lighting at the following locations:

- Pedestrian oriented areas
- · Street crossings (intersection and mid block)
- Entrances and exits of bridges
- Areas near churches, schools, and community centers with nighttime pedestrian activity.

Placement details and dimensions:

- Spacing should provide minimum illumination levels while limiting excess light pollution
- · Luminaries should direct light downward
- Lighting poles should be placed in the furniture zone of the sidewalk and not interfere with pedestrian travel.



#### Discussion

Both street and pedestrian lighting levels should be considered for the same street corridor, especially in areas with tree canopy. "Dark Sky" lighting should be considered within residential districts.

#### Additional References and Guidelines

Illuminating Engineering Society of North America. American National Standard Practice for Roadway Lighting. 2005. AASHTO. Guide for the Development of Bicycle Facilities. 2012 FHWA. Safety Effects of Marked Versus Unmarked Crosswalks at Uncontrolled Locations. 2005.

#### **Materials and Maintenance**

Low-cost light emitting diodes (LED) offer a wide range of light levels and can reduce long term utility costs.

#### Appendix 1 - Design Guidelines

# PEDESTRIANS AT INTERSECTIONS

Attributes of pedestrian-friendly intersection design include:

**Clear Space:** Corners should be clear of obstructions. They should also have enough room for curb ramps, for transit stops where appropriate, and for street conversations where pedestrians might congregate.

**Visibility:** It is critical that pedestrians on the corner have a good view of vehicle travel lanes and that motorists in the travel lanes can easily see waiting pedestrians.

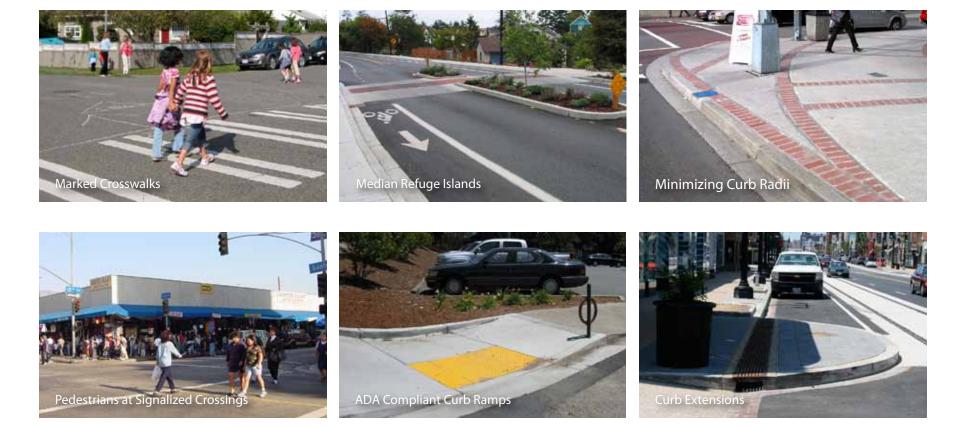
**Legibility:** Symbols, markings, and signs used at corners should clearly indicate what actions the pedestrian should take.

**Accessibility:** All corner features, such as curb ramps, landings, call buttons, signs, symbols, markings, and textures, should meet accessibility standards and follow universal design principles.

**Separation from Traffic:** Corner design and construction should be effective in discouraging turning vehicles from driving over the pedestrian area. Crossing distances should be minimized.

**Lighting:** Adequate lighting is an important aspect of visibility, legibility, and accessibility.

These attributes will vary with context but should be considered in all design processes. For example, suburban and rural intersections may have limited or no signing. However, legibility regarding appropriate pedestrian movements should still be taken into account during design.



Evansville Bicycle & Pedestrian Connectivity Master Plan

### **Marked Crosswalks**

### Description

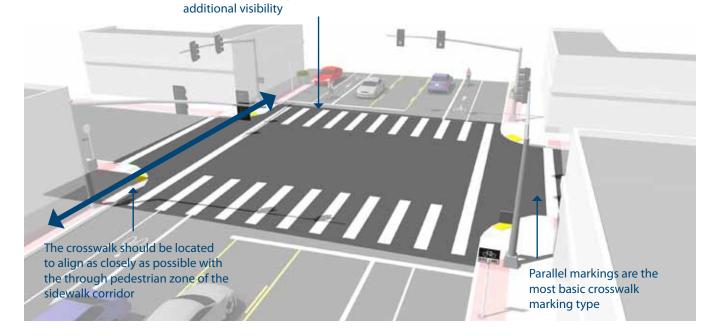
A marked crosswalk signals to motorists that they must stop for pedestrians and encourages pedestrians to cross at designated locations. Installing crosswalks alone will not necessarily make crossings safer especially on multi-lane roadways.

At mid-block locations, crosswalks can be marked where there is a demand for crossing and there are no nearby marked crosswalks.

### Guidance

At signalized intersections, all crosswalks should be marked. At un-signalized intersections, crosswalks may be marked under the following conditions:

- At a complex intersection, to orient pedestrians in finding their way across.
- At an offset intersection, to show pedestrians the shortest route across traffic with the least exposure to vehicular traffic and traffic conflicts.
- At an intersection with visibility constraints, to position pedestrians where they can best be seen by oncoming traffic.
- At an intersection within a school zone on a walking route.



Continental markings provide

#### Discussion

Continental crosswalk markings should be used at crossings with high pedestrian use or where vulnerable pedestrians are expected, including: school crossings, across arterial streets for pedestrian-only signals, at mid-block crosswalks, and at intersections where there is expected high pedestrian use and the crossing is not controlled by signals or stop signs. See intersection signalization for a discussion of enhancing pedestrian crossings.

#### **Additional References and Guidelines**

FHWA. Manual on Uniform Traffic Control Devices. (3B.18). 2009.

AASHTO. Guide for the Planning, Design, and Operation of Pedestrian Facilities. 2004.

FHWA. Safety Effects of Marked vs. Unmarked Crosswalks at Uncontrolled Locations. 2005.

FHWA. Crosswalk Marking Field Visibility Study. 2010.

NACTO. Urban Street Design Guide. 2013.

#### **Materials and Maintenance**

Because the effectiveness of marked crossings depends entirely on their visibility, maintaining marked crossings should be a high priority. Thermoplastic markings offer increased durability than conventional paint.

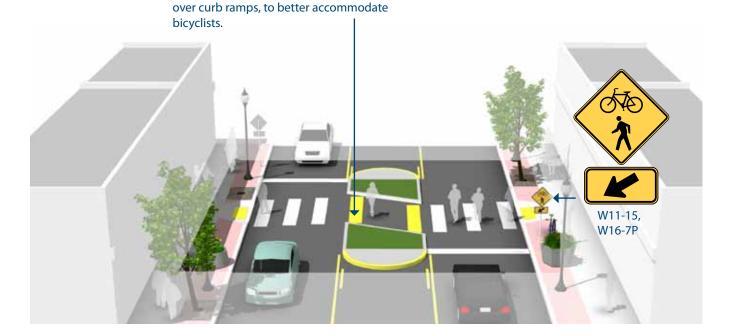
### Median Refuge Islands

### Description

Median refuge islands are located at the mid-point of a marked crossing and help improve pedestrian safety by allowing pedestrians to cross one direction of traffic at a time. Refuge islands minimize pedestrian exposure by shortening crossing distance and increasing the number of available gaps for crossing.

### Guidance

- Can be applied on any roadway with a left turn center lane or median that is at least 6' wide.
- · Appropriate at signalized or unsignalized crosswalks
- The refuge island must be accessible, preferably with an at-grade passage through the island rather than ramps and landings.
- The island should be at least 6' wide between travel lanes (to accommodate bikes with trailers and wheelchair users) and at least 20' long.
- On streets with speeds higher than 25 mph there should also be double centerline marking, reflectors, and "KEEP RIGHT" signage.



Cut through median islands are preferred

#### Discussion

If a refuge island is landscaped, the landscaping should not compromise the visibility of pedestrians crossing in the crosswalk. Shrubs and ground plantings should be no higher than 1 ft 6 in.

On multi-lane roadways, consider configuration with active warning beacons for improved yielding compliance.

#### Additional References and Guidelines

FHWA. Manual on Uniform Traffic Control Devices. 2009.

AASHTO. Guide for the Planning, Design, and Operation of Pedestrian Facilities. 2004.

NACTO. Urban Bikeway Design Guide. 2012.

NACTO. Urban Street Design Guide. 2013.

#### **Materials and Maintenance**

Refuge islands may collect road debris and may require somewhat frequent maintenance. Refuge islands should be visible to snow plow crews and should be kept free of snow berms that block access.

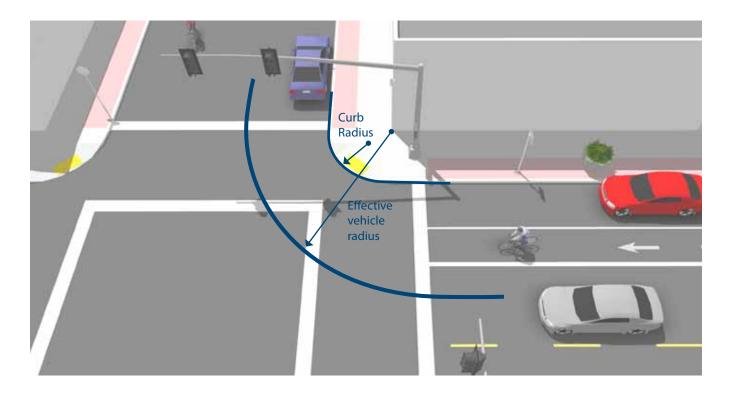
### Minimizing Curb Radii

### Description

The size of a curb's radius can have a significant impact on pedestrian comfort and safety. A smaller curb radius provides more pedestrian area at the corner, allows more flexibility in the placement of curb ramps, results in a shorter crossing distance and requires vehicles to slow more on the intersection approach. During the design phase, the chosen radius should be the smallest possible for the circumstances.

### Guidance

The radius may be as small as 3 ft where there are no turning movements, or 5 ft where there are turning movements, adequate street width, and a larger effective curb radius created by parking or bike lanes.



#### Discussion

Several factors govern the choice of curb radius in any given location. These include the desired pedestrian area of the corner, traffic turning movements, street classifications, design vehicle turning radius, intersection geometry, and whether there is parking or a bike lane (or both) between the travel lane and the curb.

#### **Additional References and Guidelines**

AASHTO. Guide for the Planning, Design, and Operation of Pedestrian Facilities. 2004.

AASHTO. A Policy on Geometric Design of Highways and Streets. 2004.

NACTO. Urban Street Design Guide. 2013.

#### **Materials and Maintenance**

Improperly designed curb radii at corners may be subject to damage by large trucks.

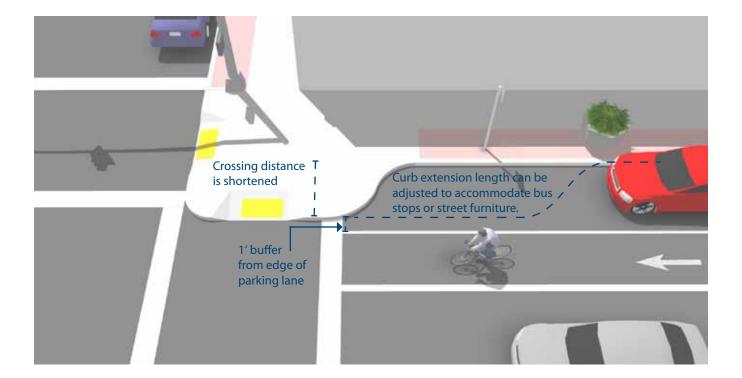
### **Curb Extensions**

### Description

Curb extensions minimize pedestrian exposure during crossing by shortening crossing distance and giving pedestrians a better chance to see and be seen before committing to crossing. They are appropriate for any crosswalk where it is desirable to shorten the crossing distance and there is a parking lane adjacent to the curb.

### Guidance

- In most cases, the curb extensions should be designed to transition between the extended curb and the running curb in the shortest practicable distance.
- For purposes of efficient street sweeping, the minimum radius for the reverse curves of the transition is 10 ft and the two radii should be balanced to be nearly equal.
- Curb extensions should terminate one foot short of the parking lane to maximize bicyclist safety.



#### Discussion

If there is no parking lane, adding curb extensions may be a problem for bicycle travel and truck or bus turning movements.

#### **Additional References and Guidelines**

AASHTO. Guide for the Planning, Design, and Operation of Pedestrian Facilities. 2004.

AASHTO. A Policy on Geometric Design of Highways and Streets. 2004. NACTO. Urban Street Design Guide. 2013.

#### **Materials and Maintenance**

Planted curb extensions may be designed as a bioswale, a vegetated system for stormwater management.

### **ADA Compliant Curb Ramps**

### Description

Curb ramps are the design elements that allow all users to make the transition from the street to the sidewalk. There are a number of factors to be considered in the design and placement of curb ramps at corners. Properly designed curb ramps ensure that the sidewalk is accessible from the roadway. A sidewalk without a curb ramp can be useless to someone in a wheelchair, forcing them back to a driveway and out into the street for access.

Although diagonal curb ramps might save money, they create potential safety and mobility problems for pedestrians, including reduced maneuverability and increased interaction with turning vehicles, particularly in areas with high traffic volumes. Diagonal curb ramp configurations are the least preferred of all options.

### Guidance

- The landing at the top of a ramp shall be at least 4 feet long and at least the same width as the ramp itself.
- The ramp shall slope no more than 1:12, with a maximum cross slope of 2.0%.
- If the ramp runs directly into a crosswalk, the landing at the bottom will be in the roadway.
- If the ramp lands on a dropped landing within the sidewalk or corner area where someone in a wheelchair may have to change direction, the landing must be a minimum of 5'-0" long and at least as wide as the ramp, although a width of 5'-0" is preferred.

Curb ramps shall be located so that they do not project into vehicular traffic lanes. **Diagonal Curb Ramp** parking spaces, or **Perpendicular Curb Ramp Parallel Curb Ramp** (not preferred) parking access aisles. Diagonal ramps Three configurations shall include are illustrated below. a clear space of at least 48" within the Crosswalk spacing not to scale. For illustration purposes only.

crosswalk for user maneuverability

#### Discussion

The edge of an ADA compliant curb ramp may be marked with a tactile warning device (also known as truncated domes) to alert people with visual impairments to changes in the pedestrian environment. Contrast between the raised tactile device and the surrounding infrastructure is important so that the change is readily evident. These devices are most effective when adjacent to smooth pavement so the difference is easily detected. The devices should provide color contrast so partially sighted people can see them.

#### **Additional References and Guidelines**

United States Access Board. Accessibility Guidelines for Buildings and Facilities. 2002.

United States Access Board. Proposed Accessibility Guidelines for Pedestrian Facilities in the Public-Right-of-Way (PROWAG). 2011.

USDOJ. ADA Standards for Accessible Design. 2010.

#### Materials and Maintenance

It is critical that the interface between a curb ramp and the street be maintained adequately. Asphalt street sections can develop potholes at the foot of the ramp, which can catch the front wheels of a wheelchair.

### **Pedestrians at Signalized Crossings**

#### Description

#### **Pedestrian Signal Head**

Pedestrian signal indicators demonstrate to pedestrians when to cross at a signalized crosswalk. All traffic signals should be equipped with pedestrian signal indications except where pedestrian crossing is prohibited by signage.

Countdown pedestrian signals are particularly valuable for pedestrians, as they indicate whether a pedestrian has time to cross the street before the signal phase ends. Countdown signals should be used at all signalized intersections.

#### **Signal Timing**

Providing adequate pedestrian crossing time is a critical element of the walking environment at signalized intersections. The MUTCD recommends traffic signal timing to assume a pedestrian walking speed of 3.5' per second, meaning that the length of a signal phase with parallel pedestrian movements should provide sufficient time for a pedestrian to safely cross the adjacent street.

At crossings where older pedestrians or pedestrians with disabilities are expected, crossing speeds as low as 3' per second may be assumed. Special pedestrian phases can be used to provide greater visibility or more crossing time for pedestrians at certain intersections.

In busy pedestrian areas such as downtowns, the pedestrian signal indication should be built into each signal phase, eliminating the requirement for a pedestrian to actuate the signal by pushing a button. Audible pedestrian traffic signals provide crossing assistance to pedestrians with vision impairment at signalized intersections

> Consider the use of a Leading Pedestrian Indication (LPI) to provide additional traffic protected crossing time to pedestrians

#### Discussion

When push buttons are used, they should be located so that someone in a wheelchair can reach the button from a level area of the sidewalk without deviating significantly from the natural line of travel into the crosswalk, and marked (for example, with arrows) so that it is clear which signal is affected. In areas with very heavy pedestrian traffic, consider an all-pedestrian signal phase to give pedestrians free passage in the intersection when all motor vehicle traffic movements are stopped.

#### Additional References and Guidelines

United States Access Board. Proposed Accessibility Guidelines for Pedestrian Facilities in the Public-Rightof-Way (PROWAG). 2011.

AASHTO. Guide for the Planning, Design, and Operation of Pedestrian Facilities. 2004.

NACTO. Urban Street Design Guide. 2013.

#### **Materials and Maintenance**

It is important to repair or replace traffic control equipment before it fails. Consider semi-annual inspections of controller and signal equipment, intersection hardware, and loop detectors.

# **TRAFFIC CALMING**

Traffic calming is a design principle that seeks to lower vehicular traffic speeds using physical and visual cues. These tools are typically self-enforcing: the roadway's physical conditions influence drivers rather than regulatory devices and enforcement measures. Traffic calming works best on local streets with residential areas and highly trafficked commercial corridors. Extensive research shows that slower motorist speeds reduce overall crash severity and frequency, and improve cyclist and pedestrian comfort within and adjacent to traffic. Slower traffic also tends to reduce roadway noise, which contributes to overall neighborhood livability and walking comfort.

An area applying traffic calming measures must make special considerations for bicyclists. Measures such as narrowing the roadway may adversely affect bicyclists' ability to share the road, while introducing vertical or horizontal deflections to slow traffic may introduce an unexpected hazard to the cyclist. Conversely, carefully designed and applied traffic calming measures can enhance bicyclist safety and access.







### **Vertical Traffic Calming**

### Description

Motor vehicle speeds affect the severity of crashes that can occur with pedestrians and bicyclists. Maintaining low motor vehicle speeds greatly improves the comfort of people walking along and across a street. Slower vehicular speeds also improve motorists' ability to see and react to bicyclists and minimize conflicts at driveways and other turning locations.

Vertical speed control measures are composed of slight rises in the pavement, on which motorists and bicyclists must reduce speed to cross.

### Guidance

- Local neighborhood streets should have a maximum posted speed of 25 mph. Use traffic calming to maintain an 85th percentile speed below 22 mph.
- Speed humps are raised areas usually placed in a series across both travel lanes. A 14' long hump reduces impacts to emergency vehicles. Speed humps can be challenging for bicyclists, gaps can be provided in the center or by the curb for bicyclists and to improve drainage. Speed humps can also be offset to accommodate emergency vehicles.
- Speed lumps or cushions have gaps to accommodate the wheel tracks of emergency vehicles.
- Speed tables are longer than speed humps and flat-topped. Raised crosswalks are speed tables that are marked and signed for a pedestrian crossing.
- For all vertical traffic calming, slopes should not exceed 1:10 or be less steep than 1:25. Tapers should be no greater than 1:6 to reduce the risk of bicyclists losing their balance. The vertical lip should be no more than a 1/4" high.









#### Discussion

Emergency vehicle response times should be considered where vertical deflection is used. Because emergency vehicles have a wider wheel base than passenger cars, speed lumps/cushions allow them to pass unimpeded while slowing most other traffic. Alternatively, speed tables are recommended because they cannot be straddled by a truck, decreasing the risk of bottoming out. Traffic calming can also deter motorists from driving on a street. Monitor vehicle volumes on adjacent streets to determine whether traffic calming results in inappropriate volumes. Traffic calming can be implemented on a trial basis.

#### Additional References and Guidelines

Ewing, Reid. Traffic Calming: State of the Practice. 1999.

Ewing, Reid and Brown, Steven. U.S. Traffic Calming Manual. 2009.

NACTO. Urban Street Design Guide. 2013.

#### **Materials and Maintenance**

Traffic calming should be designed to minimize impacts to snowplows. Vegetation should be regularly trimmed to maintain visibility and attractiveness.

### Horizontal Traffic Calming

### Description

Horizontal traffic calming devices cause drivers to slow down by constricting the roadway space or by requiring careful maneuvering.

Such measures may reduce the design speed of a street, and can be used in conjunction with reduced speed limits to reinforce the expectation of lowered speeds.

### Guidance

- Maintain a minimum clear width of 20 feet (or 28 feet with parking on both sides), with a constricted length of at least 20 feet in the direction of travel.
- Chicanes are a series of raised or delineated curb extensions, edge islands, or parking bays on alternating sides of a street forming an "S"-shaped curb, which reduce vehicle speeds by requiring motorists to shift laterally through narrowed travel lanes.
- Pinchpoints are curb extensions placed on both sides of the street, narrowing the travel lane and encouraging all road users to slow down. When placed at intersections, pinchpoints are known as chokers or neckdowns. They reduce curb radii and further lower motor vehicle speeds.
- Traffic circles are raised or delineated islands placed at intersections that reduce vehicle speeds by narrowing turning radii and the travel lane. Traffic circles can also include a paved apron to accommodate the turning radii of larger vehicles like fire trucks or school buses.









#### Discussion

Horizontal speed control measures should not infringe on bicycle space. Where possible, provide a bicycle route outside of the element so bicyclists can avoid having to merge into traffic at a narrow pinch point. This technique can also improve drainage flow and reduce construction and maintenance costs. Traffic calming can also deter motorists from driving on a street. Monitor vehicle volumes on adjacent streets to determine whether traffic calming results in inappropriate volumes. Traffic calming can be implemented on a trial basis.

#### **Additional References and Guidelines**

Ewing, Reid. Traffic Calming: State of the Practice. 1999.

Ewing, Reid and Brown, Steven. U.S. Traffic Calming Manual. 2009.

NACTO. Urban Street Design Guide. 2013.

#### **Materials and Maintenance**

Traffic calming should be designed to minimize impacts to snowplows. Vegetation should be regularly trimmed to maintain visibility and attractiveness.

### **Traffic Diversion**

### Description

Motor vehicle traffic volumes affect the quality of life on local neighborhood streets. Higher vehicle volumes reduce user comfort and can result in more conflicts.

Implement volume control treatments based on the context of the neighborhood greenway, using engineering judgment. Target motor vehicle volumes range from 1,000 to 3,000 vehicles per day, above which the route should be striped as a bike lane or considered a signed shared roadway.

### Guidance

- Traffic diversion treatments reduce motor vehicle volumes by completely or partially restricting through traffic on a neighborhood greenway.
- Partial closures restrict vehicle access to one way traffic at that point.
- Diagonal diverters require all motor vehicle traffic to turn.
- Street closures create a "T" that blocks motor vehicles from continuing along a street at an intersection. Full closures can accommodate emergency vehicles with the use of mountable curbs (maximum of six inches high).
- No matter what form of traffic diversion is used, bicycle access through the diverter should be maintained and accommodated.









#### Discussion

A good volume target for local neighborhood streets is 3,000 maximum vehicles per day.

Additional References and Guidelines

Ewing, Reid. Traffic Calming: State of the Practice. 1999.

Ewing, Reid and Brown, Steven. U.S. Traffic Calming Manual. 2009.

#### **Materials and Maintenance**

Depending on the diverter type, these treatments can be challenging to keep clear of snow and debris. Vegetation should be regularly trimmed to maintain visibility and attractiveness.

# BICYCLE FACILITY DESIGN SHARED ROADWAYS

On shared roadways, bicyclists and motor vehicles use the same roadway space. Sharing may include side-by-side operation, or single lane in-line operation depending on the configuration.

These facilities are typically used on roads with low speeds and traffic volumes, however they can be used on higher volume roads with wide outside lanes or shoulders. A motor vehicle driver will usually have to cross over into the adjacent travel lane to pass a bicyclist, unless a wide outside lane or shoulder is provided.

Shared roadways employ a large variety of treatments from simple signage and shared lane markings to more complex treatments including directional signage, traffic diverters, chicanes, chokers, and/or other traffic calming devices to reduce vehicle speeds or volumes.





### **Rural Roads**

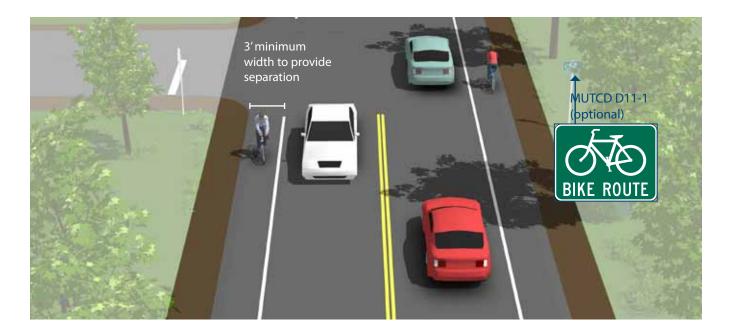
### Description

Rural roads are often the primary routes connecting communities. These roads pass through less-dense areas, and are usually paved roadways with striped shoulders, but no curb and gutter. Sidewalk provision on rural roads is uncommon.

Shoulders wide enough for bicycle travel are the preferred type of bicycle facility on rural roads. Shoulder bikeways often, but not always, include signage alerting motorists to expect bicycle travel along the roadway.

### Guidance

- If 4 feet or more is available for bicycle travel, the full bike lane treatment of signs, legends, and an 8" bike lane line should be provided.
- If it is not possible to meet minimum bicycle lane dimensions, a reduced width paved shoulder can still improve conditions for bicyclists on constrained road-ways. In these situations, a minimum of 3 feet of operating space should be provided.
- Rumble strips are not recommended on shoulders used by bicyclists unless there is a minimum 4 foot clear path. 12 foot gaps every 40-60 feet should be provided to allow access as needed.



#### Discussion

A wide outside lane may be sufficient accommodation for bicyclists on streets with insufficient width for bike lanes but which do have space available to provide a wider (14'-16') outside travel lane. Consider configuring as a marked shared roadway in these locations.

#### Additional References and Guidelines

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

FHWA. Manual on Uniform Traffic Control Devices. 2009.

#### **Materials and Maintenance**

Paint can wear more quickly in high traffic areas or in winter climates. Shoulder bikeways should be cleared of snow through routine snow removal operations.

### Signed Shared Roadway

### Description

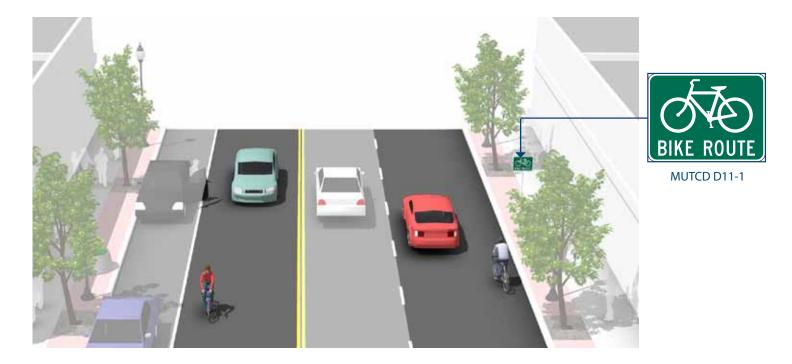
Signed shared roadways are facilities shared with motor vehicles. They are typically used on roads with low speeds and traffic volumes, however can be used on higher volume roads with wide outside lanes or shoulders. A motor vehicle driver will usually have to cross over into the adjacent travel lane to pass a bicyclist, unless a wide outside lane or shoulder is provided.

### Guidance

Lane width varies depending on roadway configuration.

Bike route signage (D11-1) should be applied at intervals frequent enough to keep bicyclists informed of changes in route direction and to remind motorists of the presence of bicyclists. Commonly, this includes placement at:

- Beginning or end of Bicycle Route.
- At major changes in direction or at intersections with other bicycle routes.
- At intervals along bicycle routes not to exceed 1/2 mile.



#### Discussion

Signed Shared Roadways serve either to provide continuity with other bicycle facilities (usually bike lanes) or to designate preferred routes through high-demand corridors.

This configuration differs from a neighborhood greenway due to a lack of traffic calming, wayfinding, pavement markings and other enhancements designed to provide a higher level of comfort for a broad spectrum of users.

#### **Additional References and Guidelines**

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

FHWA. Manual on Uniform Traffic Control Devices. 2009.

#### Materials and Maintenance

Maintenance needs for bicycle wayfinding signs are similar to other signs, and will need periodic replacement due to wear.

### **Marked Shared Roadways**

### Description

A marked shared roadway is a general purpose travel lane marked with shared lane markings (SLM) used to encourage bicycle travel and proper positioning within the lane.

In constrained conditions, the SLMs are placed in the middle of the lane to discourage unsafe passing by motor vehicles. On a wide outside lane, the SLMs can be used to promote bicycle travel to the right of motor vehicles.

In all conditions, SLMs should be placed outside of the door zone of parked cars.

### Guidance

- May be used on streets with a speed limit of 35 mph or under. Lower than 30 mph speed limit preferred.
- In constrained conditions, preferred placement is in the center of the travel lane to minimize wear and promote single file travel.
- Minimum placement of SLM marking centerline is 11 feet from edge of curb where on-street parking is present, 4 feet from edge of curb with no parking. If parking lane is wider than 7.5 feet, the SLM should be moved further out accordingly.



### travel lane is preferred in constrained conditions

**Regular Lane Adjacent to Parking** 

**Wide Lane without Parking** 

#### Discussion

If collector or arterial, this should not be a substitute for dedicated bicycle facilities if space is available.

Bike Lanes should be considered on roadways with outside travel lanes wider than 15 feet, or where other lane narrowing or removal strategies may provide adequate road space. SLMs shall not be used on shoulders, in designated bike lanes, or to designate bicycle detection at signalized intersections. (MUTCD 9C.07)

#### Additional References and Guidelines

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

FHWA. Manual on Uniform Traffic Control Devices. 2009.

NACTO. Urban Bikeway Design Guide. 2012.

#### Materials and Maintenance

Placing SLMs between vehicle tire tracks will increase the life of the markings and minimize the long-term cost of the treatment.

### **Main Streets**

### Description

Inviting, walkable streets form the historic and cultural core of many communities. These streets are the primary streets through the middle of community "down-towns," and they serve many uses as a commercial hub, social space and transportation corridor.

Main streets should prioritize the needs of pedestrians through the urban form of land uses, the provision of on street parking and the calming of traffic to make street crossing opportunities frequent, safe and comfortable.

### Guidance

Main Streets have a variety of design characteristics in different communities, but they often include the following key components:

- Wide sidewalks
- Lighting and furnishings
- Parking between the sidewalk and lanes of travel
- Curb extensions
- Landscaping
- Decorative pavers
- High visibility crosswalks
- Bicycle parking



#### Discussion

If the main street area is configured as a couplet, these design elements should extend, at a minimum, to both ends of the couplet, and on both streets.

Other streets within a main street district can also benefit from improvements. If connecting streets have commercial uses or functions as a secondary gateway to the main street, they should at a minimum, have wide sidewalks, pedestrian lighting and street trees.

#### Additional References and Guidelines

ITE. Designing Walkable Urban Thoroughfares. 2010 FHWA. Manual on Uniform Traffic Control Devices. 2009.

NACTO. Urban Street Design Guide. 2013.

#### **Materials and Maintenance**

Placing Shared Lane Markings between vehicle tire tracks will increase the life of the markings and minimize the long-term cost of the treatment.

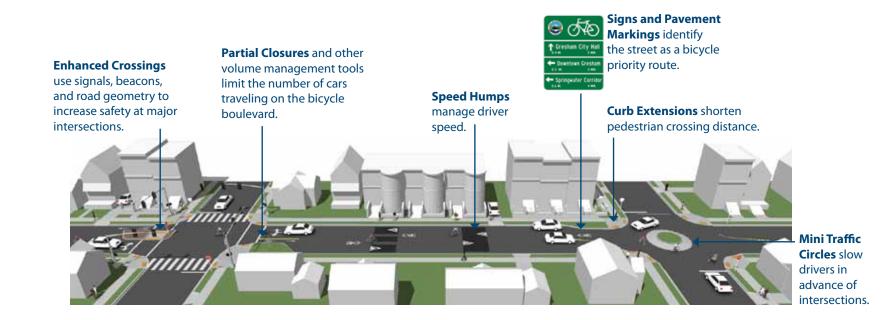
### **Bicycle Boulevard**

### Description

Bicycle boulevards are low-volume, low-speed streets modified to enhance bicyclist comfort by using treatments such as signage, pavement markings, traffic calming and/or traffic reduction, and intersection modifications. These treatments allow through movements of bicyclists while discouraging similar through-trips by nonlocal motorized traffic.

### Guidance

- Signs and pavement markings are the minimum treatments necessary to designate a street as a bicycle boulevard.
- Bicycle boulevards should have a maximum posted speed of 25 mph. Use traffic calming to maintain an 85th percentile speed below 22 mph.
- Implement volume control treatments based on the context of the bicycle boulevard, using engineering judgment. Target motor vehicle volumes range from 1,000 to 3,000 vehicles per day in most communities.
- Intersection crossings should be designed to enhance safety and minimize delay for bicyclists.



#### Discussion

Bicycle boulevard retrofits to local streets are typically located on streets without existing signalized accommodation at crossings of collector and arterial roadways. Without treatments for bicyclists, these intersections can become major barriers along the bicycle boulevard and compromise safety.

Traffic calming can deter motorists from driving on a street. Anticipate and monitor vehicle volumes on adjacent streets to determine whether traffic calming results in inappropriate volumes. Traffic calming can be implemented on a trial basis. For more information see the Traffic Calming section in this guide.

#### Additional References and Guidelines

Alta Planning + Design and IBPI. Bicycle Boulevard Planning and Design Handbook. 2009.

BikeSafe. Bicycle countermeasure selection system.

Ewing, Reid and Brown, Steven. U.S. Traffic Calming Manual. 2009.

#### **Materials and Maintenance**

Vegetation should be regularly trimmed to maintain visibility and attractiveness.

# SEPARATED BIKEWAYS

Designated exclusively for bicycle travel, separated bikeways are segregated from vehicle travel lanes by striping, and can include pavement stencils and other treatments. Separated bikeways are most appropriate on arterial and collector streets where higher traffic volumes and speeds warrant greater separation.

Separated bikeways can increase safety and promote proper riding by:

Defining road space for bicyclists and motorists, reducing the possibility that motorists will stray into the bicyclists' path.

Discouraging bicyclists from riding on the sidewalk.

Reducing the incidence of wrong way riding.

Reminding motorists that bicyclists have a right to the road.









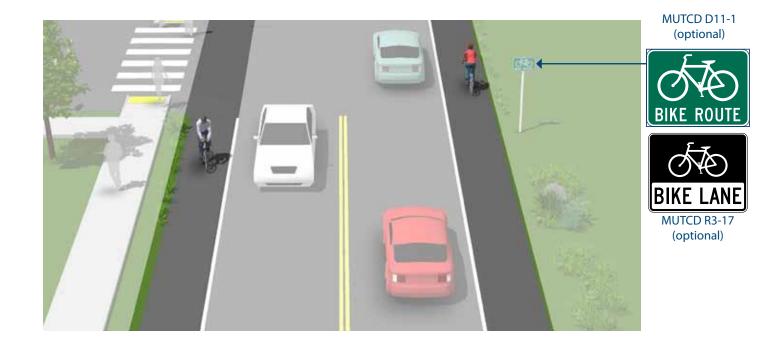
### **Shoulder Bikeway**

### Description

Typically found in less-dense areas, shoulder bikeways are paved roadways with striped shoulders (4'+) wide enough for bicycle travel. Shoulder bikeways often, but not always, include signage alerting motorists to expect bicycle travel along the roadway. Shoulder bikeways should be considered a temporary treatment, with full bike lanes planned for construction when the roadway is widened or completed with curb and gutter. This type of treatment is not typical in urban areas and should only be used where constraints exist.

### Guidance

- If 4 feet or more is available for bicycle travel, the full bike lane treatment of signs, legends, and an 8" bike lane line should be provided.
- If it is not possible to meet minimum bicycle lane dimensions, a reduced width paved shoulder can still improve conditions for bicyclists on constrained road-ways. In these situations, a minimum of 3 feet of operating space should be provided.
- Rumble strips are not recommended on shoulders used by bicyclists unless there is a minimum 4 foot clear path. 12 foot gaps every 40-60 feet should be provided to allow access as needed.



#### Discussion

A wide outside lane may be sufficient accommodation for bicyclists on streets with insufficient width for bike lanes but which do have space available to provide a wider (14'-16') outside travel lane. Consider configuring as a marked shared roadway in these locations.

Where feasible, roadway widening should be performed with pavement resurfacing jobs.

#### Additional References and Guidelines

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

FHWA. Manual on Uniform Traffic Control Devices. 2009.

#### **Materials and Maintenance**

Paint can wear more quickly in high traffic areas or in winter climates. Shoulder bikeways should be cleared of snow through routine snow removal operations.

### Bike Lanes (Standard)

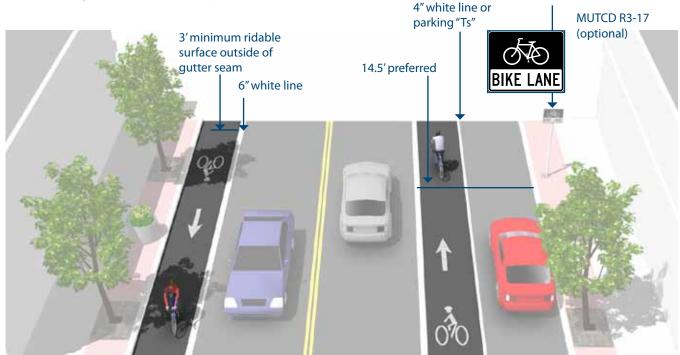
### Description

Bike lanes designate an exclusive space for bicyclists through the use of pavement markings and signage. The bike lane is located adjacent to motor vehicle travel lanes and is used in the same direction as motor vehicle traffic. Bike lanes are typically on the right side of the street, between the adjacent travel lane and curb, road edge or parking lane.

Many bicyclists, particularly less experienced riders, are more comfortable riding on a busy street if it has a striped and signed bikeway than if they are expected to share a lane with vehicles.

### Guidance

- 4 foot minimum when no curb and gutter is present.
- 5 foot minimum when adjacent to curb and gutter or 3 feet more than the gutter pan width if the gutter pan is wider than 2 feet.
- 14.5 foot preferred from curb face to edge of bike lane (12 foot minimum) when parking is present.
- 7 foot maximum width for use adjacent to arterials with high travel speeds. Greater widths may encourage motor vehicle use of bike lane.



#### Discussion

Wider bicycle lanes are desirable in certain situations such as on higher speed arterials (45 mph+) where use of a wider bicycle lane would increase separation between passing vehicles and bicyclists. Appropriate signing and stenciling is important with wide bicycle lanes to ensure motorists do not mistake the lane for a vehicle lane or parking lane. Consider buffered bike lanes when further separation is desired.

#### **Additional References and Guidelines**

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

FHWA. Manual on Uniform Traffic Control Devices. 2009. NACTO. Urban Bikeway Design Guide. 2012.

#### **Materials and Maintenance**

Paint can wear more quickly in high traffic areas or in winter climates. Bicycle lanes should be cleared of snow through routine snow removal operations.

### **Buffered Bike Lanes**

### Description

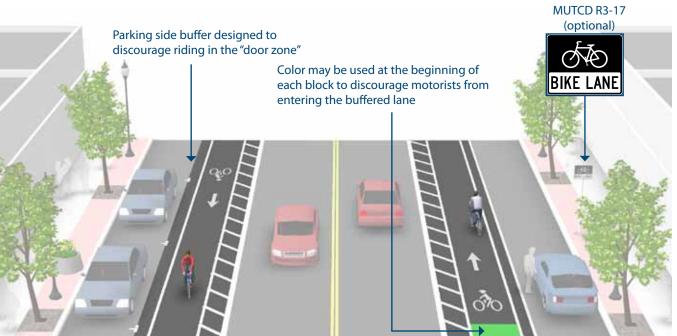
Buffered bike lanes are conventional bicycle lanes paired with a designated buffer space, separating the bicycle lane from the adjacent motor vehicle travel lane and/ or parking lane. Buffered bike lanes follow general guidance for buffered preferential vehicle lanes as per MUTCD guidelines (section 3D-01).

Buffered bike lanes are designed to increase the space between the bike lane and the travel lane and/or parked cars. This treatment is appropriate for bike lanes on road-ways with high motor vehicle traffic volumes and speed, adjacent to parking lanes, or a high volume of truck or oversized vehicle traffic.

Buffered bike lanes can buffer the travel lane, the parking lane, or both, depending on available space and the objectives of the design.

### Guidance

- The minimum bicycle travel area is 5 feet wide.
- Buffers should be at least 2 feet wide. If 3 feet or wider, mark with diagonal or chevron hatching. For clarity at driveways or minor street crossings, consider a dotted line for the inside buffer boundary where cars are expected to cross.



#### Discussion

Frequency of right turns by motor vehicles at major intersections should determine whether continuous or truncated buffer striping should be used approaching the intersection. Commonly configured as a buffer between the bicycle lane and motor vehicle travel lane, a parking side buffer may also be provided to help bicyclists avoid the 'door zone' of parked cars.

#### Additional References and Guidelines

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

FHWA. Manual on Uniform Traffic Control Devices. (3D-01). 2009.

NACTO. Urban Bikeway Design Guide. 2012.

#### **Materials and Maintenance**

Paint can wear more quickly in high traffic areas or in winter climates. Bicycle lanes should be cleared of snow through routine snow removal operations.

### Cycle Tracks

### Description

A cycle track is an exclusive bike facility that combines the user experience of a separated trail with the on-street infrastructure of a conventional bike lane. A cycle track is physically separated from motor traffic and distinct from the sidewalk. Cycle tracks have different forms but all share common elements—they provide space that is intended to be exclusively or primarily used by bicycles, and are separated from motor vehicle travel lanes, parking lanes, and sidewalks.

Raised cycle tracks may be at the level of the adjacent sidewalk or set at an intermediate level between the roadway and sidewalk to separate the cycle track from the pedestrian area.

### Guidance

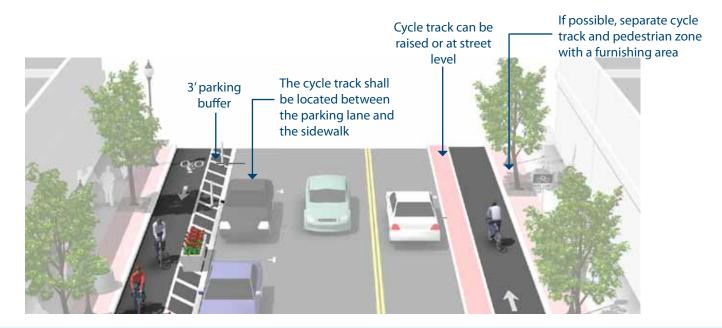
Cycle tracks should ideally be placed along streets with long blocks and few driveways or mid-block access points for motor vehicles.

#### **One-Way Cycle Tracks**

• 7 foot recommended minimum to allow passing. 5 foot minimum width in constrained locations.

#### Two-Way Cycle Tracks

- Cycle tracks located on one-way streets have fewer potential conflict areas than those on two-way streets.
- 12 foot recommended minimum for two-way facility. 8 foot minimum in constrained locations.



#### Discussion

Special consideration should be given at transit stops to manage bicycle and pedestrian interactions. Driveways and minor street crossings are unique challenges to cycle track design. Parking should be prohibited within 30 feet of the intersection to improve visibility. Color, yield markings and "Yield to Bikes" signage should be used to identify the conflict area and make it clear that the cycle track has priority over entering and exiting traffic. If configured as a raised cycle track, the crossing should be raised so that the side-walk and cycle track maintain their elevation through the crossing.

Additional References and Guidelines NACTO. Urban Bikeway Design Guide. 2012.

#### **Materials and Maintenance**

In cities with winter climates, barrier separated and raised cycle tracks may require special equipment for snow removal.

# SEPARATED BIKEWAYS AT INTERSECTIONS

Intersections are junctions at which different modes of transportation meet and facilities overlap. An intersection facilitates the interchange between bicyclists, motorists, pedestrians and other modes in order to advance traffic flow in a safe and efficient manner. Designs for intersections with bicycle facilities should reduce conflict between bicyclists (and other vulnerable road users) and vehicles by heightening the level of visibility, denoting clear right-of-way and facilitating eye contact and awareness with other modes. Intersection treatments can improve both queuing and merging maneuvers for bicyclists, and are often coordinated with timed or specialized signals.

The configuration of a safe intersection for bicyclists may include elements such as color, signage, medians, signal detection and pavement markings. Intersection design should take into consideration existing and anticipated bicyclist, pedestrian and motorist movements. In all cases, the degree of mixing or separation between bicyclists and other modes is intended to reduce the risk of crashes and increase bicyclist comfort. The level of treatment required for bicyclists at an intersection will depend on the bicycle facility type used, whether bicycle facilities are intersecting, and the adjacent street function and land use.

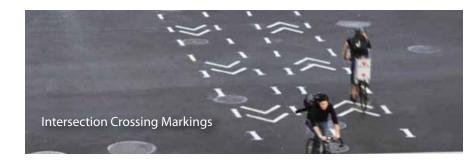












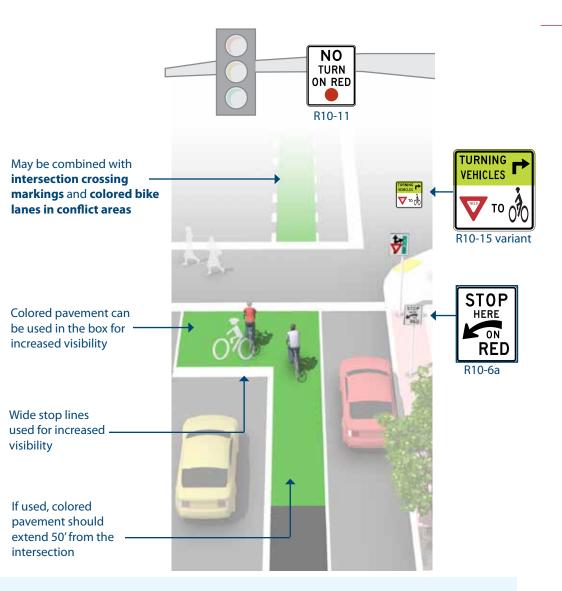
### **Bike Box**

### Description

A bike box is a designated area located at the head of a traffic lane at a signalized intersection that provides bicyclists with a safe and visible space to get in front of queuing motorized traffic during the red signal phase. Motor vehicles must queue behind the white stop line at the rear of the bike box.

### Guidance

- 14' minimum depth
- A "No Turn on Red" (MUTCD R10-11) sign shall be installed overhead to prevent vehicles from entering the Bike Box.
- A "Stop Here on Red" sign should be post-mounted at the stop line to reinforce observance of the stop line.
- A "Yield to Bikes" sign should be post-mounted in advance of and in conjunction with an egress lane to reinforce that bicyclists have the right-of-way going through the intersection.
- An ingress lane should be used to provide access to the box.
- A supplemental "Wait Here" legend can be provided in advance of the stop bar to increase clarity to motorists.



#### Discussion

Bike boxes are considered experimental by the FHWA.

Bike boxes should be placed only at signalized intersections, and right turns on red shall be prohibited for motor vehicles. Bike boxes should be used in locations that have a large volume of bicyclists and are best utilized in central areas where traffic is usually moving more slowly. Prohibiting right turns on red improves safety for bicyclists yet does not significantly impede motor vehicle travel.

#### **Additional References and Guidelines**

NACTO. Urban Bikeway Design Guide. 2012.

FHWA. Interim Approval (IA-14) has been granted. Requests to use green colored pavement need to comply with the provisions of Paragraphs 14 through 22 of Section 1A.10. 2011.

#### **Materials and Maintenance**

Because the effectiveness of markings depends entirely on their visibility, maintaining markings should be a high priority.

### **Bike Lanes at Right Turn Only Lanes**

### Description

The appropriate treatment at right-turn lanes is to place the bike lane between the right-turn lane and the right-most through lane or, where right-of-way is insufficient, to use a shared bike lane/turn lane.

The design (right) illustrates a bike lane pocket, with signage indicating that motorists should yield to bicyclists through the conflict area.

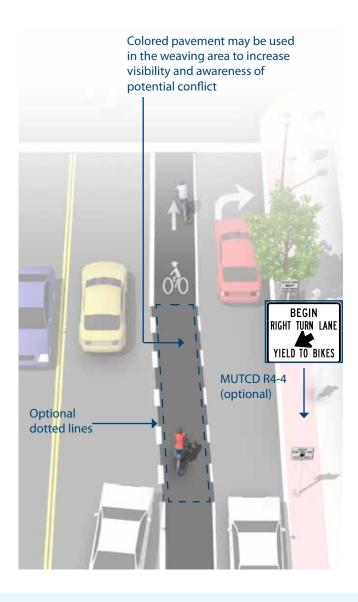
### Guidance

At auxiliary right turn only lanes (add lane):

- Continue existing bike lane width; standard width of 5 to 6 feet or 4 feet in constrained locations.
- Use signage to indicate that motorists should yield to bicyclists through the conflict area.
- Consider using colored conflict areas to promote visibility of the mixing zone.

Where a through lane becomes a right turn only lane (drop lane):

- Do not define a dotted line merging path for bicyclists.
- Drop the bicycle lane in advance of the merge area.
- Shared lane markings may be used to indicate shared use of the lane in the merging zone.



#### Discussion

For other potential approaches to providing accommodations for bicyclists at intersections with turn lanes, please see shared bike lane/turn lane, bicycle signals, and colored bike facilities.

#### **Additional References and Guidelines**

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

FHWA. Manual on Uniform Traffic Control Devices. 2009. NACTO. Urban Bikeway Design Guide. 2012.

#### **Materials and Maintenance**

Because the effectiveness of markings depends entirely on their visibility, maintaining markings should be a high priority.

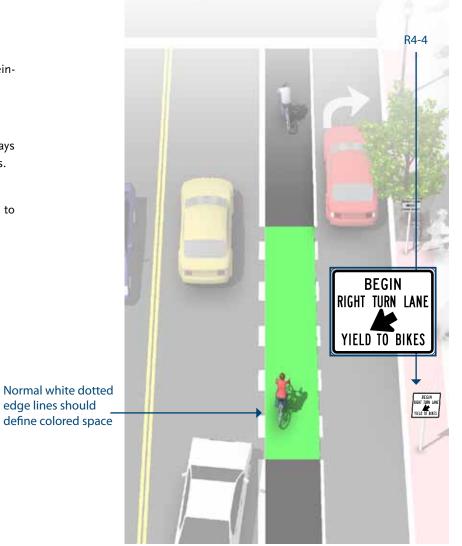
### **Colored Bike Lanes in Conflict Areas**

### Description

Colored pavement within a bicycle lane increases the visibility of the facility and reinforces priority of bicyclists in conflict areas.

### Guidance

- Green colored pavement was given interim approval by the Federal Highways Administration in March 2011. See interim approval for specific color standards.
- The colored surface should be skid resistant and retro-reflective.
- A "Yield to Bikes" sign should be used at intersections or driveway crossings to reinforce that bicyclists have the right-of-way in colored bike lane areas.



#### Discussion

Evaluations performed in Portland, OR, St. Petersburg, FL and Austin, TX found that significantly more motorists yielded to bicyclists and slowed or stopped before entering the conflict area after the application of the colored pavement when compared with an uncolored treatment.

#### Additional References and Guidelines

FHWA. Interim Approval (IA-14) has been granted. Requests to use green colored pavement need to comply with the provisions of Paragraphs 14 through 22 of Section 1A.10. 2011.

NACTO. Urban Bikeway Design Guide. 2012.

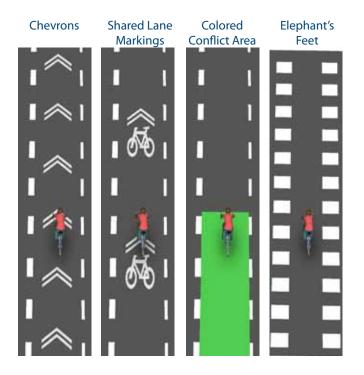
#### **Materials and Maintenance**

Because the effectiveness of markings depends entirely on their visibility, maintaining markings should be a high priority.

### **Intersection Crossing Markings**

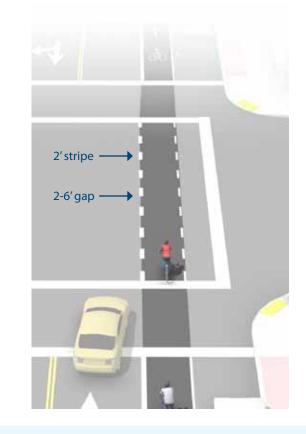
### Description

Bicycle pavement markings through intersections indicate the intended path of bicyclists through an intersection or across a driveway or ramp. They guide bicyclists on a safe and direct path through the intersection and provide a clear boundary between the paths of through bicyclists and either through or crossing motor vehicles in the adjacent lane.



### Guidance

- See MUTCD Section 3B.08: "dotted line extensions"
- Crossing striping shall be at least six inches wide when adjacent to motor vehicle travel lanes. Dotted lines should be two-foot lines spaced two to six feet apart.
- Chevrons, shared lane markings, or colored bike lanes in conflict areas may be used to increase visibility within conflict areas or across entire intersections. Elephant's Feet markings are common in Europe and Canada.



#### Discussion

Additional markings such as chevrons, shared lane markings, or colored bike lanes in conflict areas are strategies currently in use in the United States and Canada. Cities considering the implementation of markings through intersections should standardize future designs to avoid confusion.

#### Additional References and Guidelines

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

FHWA. Manual on Uniform Traffic Control Devices. (3A.06). 2009.

NACTO. Urban Bikeway Design Guide. 2012.

#### **Materials and Maintenance**

Because the effectiveness of marked crossings depends entirely on their visibility, maintaining marked crossings should be a high priority.

### **Two-Stage Turn Queue Boxes**

### Description

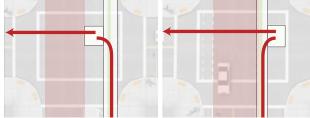
Two-stage turn queue boxes offer bicyclists a safe way to make left turns at multilane signalized intersections from a right side cycle track or bike lane.

On right side cycle tracks, bicyclists are often unable to merge into traffic to turn left due to physical separation, making the provision of two-stage left turn boxes critical. Design guidance for two-stage turns apply to both bike lanes and cycle tracks.

### Guidance

- The queue box shall be placed in a protected area. Typically this is within an onstreet parking lane or cycle track buffer area.
- 6' minimum depth of bicycle storage area
- Bicycle stencil and turn arrow pavement markings shall be used to indicate proper bicycle direction and positioning.
- A "No Turn on Red" (MUTCD R10-11) sign may be installed on the cross street to prevent vehicles from entering the turn box.

#### Cycle track turn box Bike lane turn box protected protected by physical buffer: by parking lane:

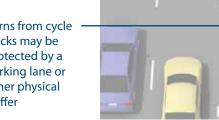


Turns from cycle tracks may be protected by a parking lane or other physical buffer

# Turns from a bicycle lane may be protected by an adjacent parking lane or crosswalk setback space Consider using colored pavement inside the box to further define the bicycle space

Additional References and Guidelines

NACTO. Urban Bikeway Design Guide.



#### **Materials and Maintenance**

Paint can wear more quickly in high traffic areas or in winter climates.

#### Discussion

Two-Stage Turn boxes are considered experimental by FHWA.

While two stage turns may increase bicyclist comfort in many locations, this configuration will typically result in higher average signal delay for bicyclists due to the need to receive two separate green signal indications (one for the through street, followed by one for the cross street) before proceeding.

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2012.

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### **Bicyclists at Single Lane Modern Roundabouts**

### Description

Roundabouts are circular intersection designed with yield control for all entering traffic, channelized approaches and geometry to induce desirable speeds. They are used as an alternative to intersection signalization.

Other circulatory intersection designs exist but they function differently than the modern roundabout. These include:

- **Traffic circles** (also known as rotaries) are old style circular intersections used in some cities in the US where traffic signals or stop signs are used to control one or more entry.
- Neighborhood Traffic Circles are small-sized circular intersections of local streets. They may be uncontrolled or stop controlled, and do not channelize entry.

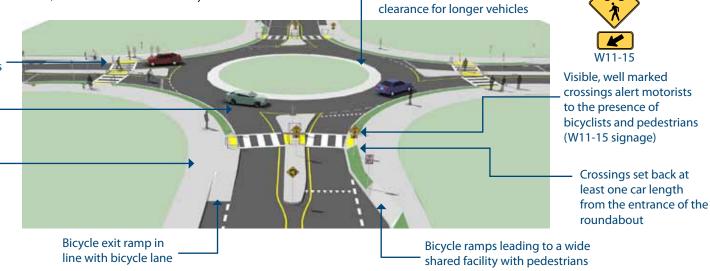
### Guidelines

It is important to indicate to motorists, bicyclists and pedestrians the right-of-way rules and correct way for them to circulate, using appropriately designed signage, pavement markings, and geometric design elements.

- 25 mph maximum circulating design speed.
- Design approaches/exits to the lowest speeds possible.
- Encourage bicyclists navigating the roundabout like motor vehicles to "take the lane."
- Maximize yielding rate of motorists to pedestrians and bicyclists at crosswalks.

Truck apron can provide adequate

• Provide separated facilities for bicyclists who prefer not to navigate the roundabout on the roadway.



rests can provide support for elderly pedestrians or bicyclists waiting to cross the street.

Holding rails with bicycle foot

Narrow circulating lane to discourage attempted passing by motorists

Sidewalk should be wider to accommodate bicycle and pedestrian traffic

Discussion

Research indicates that while single-lane roundabouts may benefit bicyclists and pedestrians by slowing traffic, multi-lane roundabouts may present greater challenges and significantly increase safety problems for these users.

On bicycle routes a roundabout or neighborhood traffic circle is preferable to stop control as bicyclists do not like to lose their momentum due to physical effort required. At intersections of shared use paved trails, pedestrian and bicycle only roundabouts are an excellent form of non-motorized user traffic control.

#### Additional References and Guidelines

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

TRB. NCHRP 672 Roundabouts: An Informational Guide. 2010.

TRB. NCHRP Report 572 Roundabouts in the United States. 2007.

Hourdos, John et al. Investigation of Pedestrian/Bicyclist Risk in Minnesota Roundabout Crossings. 2012

TRB. NCHRP 674 Crossing Solutions at Roundabouts and Channelized Turn Lanes for Pedestrians with Vision Disabilities. 2011.

#### Materials and Maintenance

Signage and striping require routine maintenance.

# **BIKEWAY SIGNALIZATION**

Bicycle signals and beacons facilitate bicyclist crossings of roadways. Bicycle signals make crossing intersections safer for bicyclists by clarifying when to enter an intersection and by restricting conflicting vehicle movements. Bicycle signals are traditional three lens signal heads with green, yellow and red bicycle stenciled lenses that can be employed at standard signalized intersections. Flashing amber warning beacons can be utilized at unsignalized intersection crossings. Push buttons, signage, and pavement markings may be used to supplement these facilities for both bicyclists and motorists.

Determining which type of signal or beacon to use for a particular intersection depends on a variety of factors. These include speed limits, Average Daily Traffic (ADT), anticipated bicycle crossing traffic, and the configuration of planned or existing bicycle facilities. Signals may be necessary as part of the construction of a protected bicycle facility such as a cycle track with potential turning conflicts, or to decrease vehicle or pedestrian conflicts at major crossings. An intersection with bicycle signals may reduce stress and delays for a crossing bicyclist, and discourage illegal and unsafe crossing maneuvers.





### **Bicycle Detection and Actuation**

### Description

#### **Push Button Actuation**

User-activated button mounted on a pole facing the street.

#### Loop Detectors

Bicycle-activated loop detectors are installed within the roadway to allow the presence of a bicycle to trigger a change in the traffic signal. This allows the bicyclist to stay within the lane of travel without having to maneuver to the side of the road to trigger a push button.

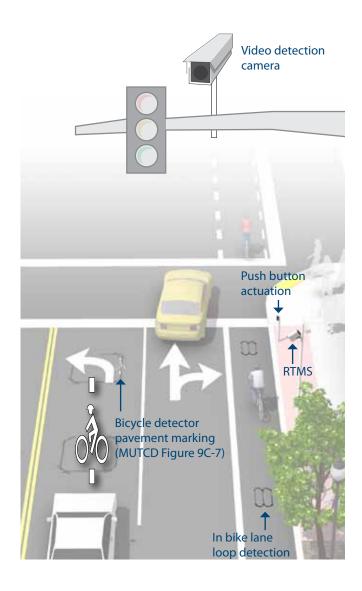
Loops that are sensitive enough to detect bicycles should be supplemented with pavement markings to instruct bicyclists how to trip them.

#### **Video Detection Cameras**

Video detection systems use digital image processing to detect a change in the image at a location. These systems can be calibrated to detect bicycles. Video camera system costs range from \$20,000 to \$25,000 per intersection.

#### Remote Traffic Microwave Sensor Detection (RTMS)

RTMS is a system which uses frequency modulated continuous wave radio signals to detect objects in the roadway. This method marks the detected object with a time code to determine its distance from the sensor. The RTMS system is unaffected by temperature and lighting, which can affect standard video detection.



#### Discussion

Proper bicycle detection should meet two primary criteria: 1) accurately detects bicyclists and 2) provides clear guidance to bicyclists on how to actuate detection (e.g., what button to push, where to stand).

Bicycle loops and other detection mechanisms can also provide bicyclists with an extended green time before the light turns yellow so that bicyclists of all abilities can reach the far side of the intersection.

#### **Additional References and Guidelines**

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

FHWA. Manual on Uniform Traffic Control Devices. 2009.

NACTO. Urban Bikeway Design Guide. 2012.

#### Materials and Maintenance

Signal detection and actuation for bicyclists should be maintained with other traffic signal detection and roadway pavement markings.

### **Bicycle Signal Heads**

### Description

A bicycle signal is an electrically powered traffic control device that should only be used in combination with an existing traffic signal. Bicycle signals are typically used to improve identified safety or operational problems involving bicycle facilities. Bicycle signal heads may be installed at signalized intersections to indicate bicycle signal phases and other bicycle-specific timing strategies. Bicycle signals can be actuated with bicycle sensitive loop detectors, video detection, or push buttons.

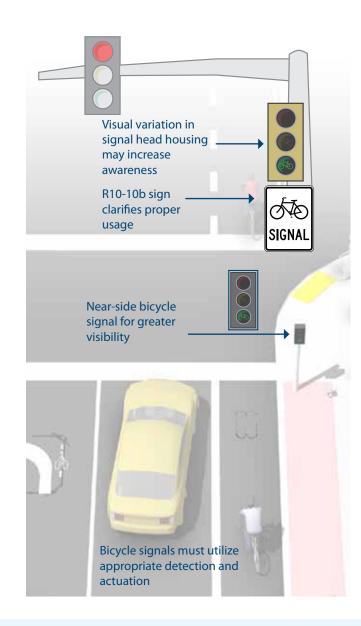
Bicycle signals are typically used to provide guidance for bicyclists at intersections where they may have different needs from other road users (e.g., bicycle-only movements).

FHWA currently limits the use of bicycle signal faces to where bicyclists would not be in conflict with any other vehicle movements, however many cities have successfully experimented with bicycle signals in other ways including the use of leading bicycle intervals.

### Guidance

Specific locations where bicycle signals have had a demonstrated positive effect include:

- Those with high volume of bicyclists at peak hours
- Those with high numbers of bicycle/motor vehicle crashes, especially those caused by turning vehicle movements
- At T-intersections with major bicycle movement along the top of the "T."
- At the confluence of an off-street bike trail and a roadway intersection
- Where separated bike paths run parallel to arterial streets



#### Discussion

Local municipal code should be checked or modified to clarify that at intersections with bicycle signals, bicyclists should only obey the bicycle signal heads. For improved visibility, smaller (4 inch lens) near-sided bicycle signals should be considered to supplement far-side signals.

#### Additional References and Guidelines

FHWA. MUTCD - Interim Approval for Optional Use of a Bicycle Signal Face (IA-16). 2013.

NACTO. Urban Bikeway Design Guide. 2012.

#### **Materials and Maintenance**

Bicycle signal heads require the same maintenance as standard traffic signal heads, such as replacing bulbs and responding to power outages.

## **BIKEWAY SIGNING**

The ability to navigate through a city is informed by landmarks, natural features and other visual cues. Signs throughout the city should indicate to bicyclists:

- Direction of travel
- Location of destinations
- Travel time/distance to those destinations

These signs will increase users' comfort and accessibility to the bicycle systems.

Signage can serve both wayfinding and safety purposes including:

- Helping to familiarize users with the bicycle network
- Helping users identify the best routes to destinations
- Helping to address misperceptions about time and distance
- Helping overcome a "barrier to entry" for people who are not frequent bicyclists (e.g., "interested but concerned" bicyclists)
- A community-wide bicycle wayfinding signage plan would identify:
- Sign locations
- Sign type what information should be included and design features
- Destinations to be highlighted on each sign key destinations for bicyclists
- Approximate distance and travel time to each destination

Bicycle wayfinding signs also visually cue motorists that they are driving along a bicycle route and should use caution. Signs are typically placed at key locations leading to and along bicycle routes, including the intersection of multiple routes. Too many road signs tend to clutter the right-of-way, and it is recommended that these signs be posted at a level most visible to bicyclists rather than per vehicle signage standards.





### Wayfinding Sign Types

### Description

A bicycle wayfinding system consists of comprehensive signing and/or pavement markings to guide bicyclists to their destinations along preferred bicycle routes. There are three general types of wayfinding signs:

#### **Confirmation Signs**

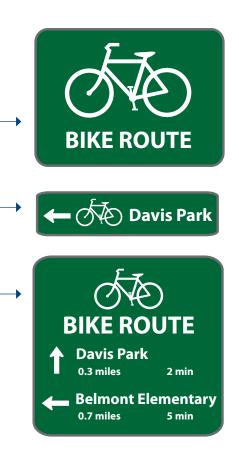
- Indicate to bicyclists that they are on a designated bikeway. Make motorists aware of the bicycle route.
- Can include destinations and distance/time. Do not include arrows.

#### **Turn Signs**

- Indicate where a bikeway turns from one street onto another street. Can be used with pavement markings.
- Include destinations and arrows.

#### **Decisions Signs**

- Mark the junction of two or more bikeways.
- Inform bicyclists of the designated bike route to access key destinations.
- Destinations and arrows, distances and travel times are optional but recommended.



#### Discussion

There is no standard color for bicycle wayfinding signage. Section 1A.12 of the MUTCD establishes the general meaning for signage colors. Green is the color used for directional guidance and is the most common color of bicycle wayfinding signage in the US, including those in the MUTCD.

#### Additional References and Guidelines

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

FHWA. Manual on Uniform Traffic Control Devices. 2009.

NACTO. Urban Bikeway Design Guide. 2012.

#### **Materials and Maintenance**

Maintenance needs for bicycle wayfinding signs are similar to other signs and will need periodic replacement due to wear.

### Wayfinding Sign Placement

### Guidance

Signs are typically placed at decision points along bicycle routes – typically at the intersection of two or more bikeways and at other key locations leading to and along bicycle routes.

#### **Decisions Signs**

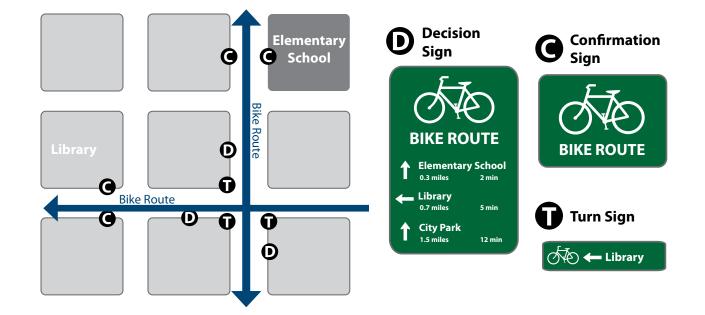
- Near-side of intersections in advance of a junction with another bicycle route.
- Along a route to indicate a nearby destination.

#### **Confirmation Signs**

• Every 1/4 to 1/2 mile on off-street facilities and every 2 to 3 blocks along on-street bicycle facilities, unless another type of sign is used (e.g., within 150 ft of a turn or decision sign). Should be placed soon after turns to confirm destination(s). Pavement markings can also act as confirmation that a bicyclist is on a preferred route.

#### **Turn Signs**

• Near-side of intersections where bike routes turn (e.g., where the street ceases to be a bicycle route or does not go through). Pavement markings can also indicate the need to turn to the bicyclist.



#### Discussion

It can be useful to classify a list of destinations for inclusion on the signs based on their relative importance to users throughout the area. A particular destination's ranking in the hierarchy can be used to determine the physical distance from which the locations are signed. For example, primary destinations (such as the downtown area) may be included on signage up to 5 miles away. Secondary destinations (such as a transit station) may be included on signage up to two miles away. Tertiary destinations (such as a park) may be included on signage up to one mile away.

#### Additional References and Guidelines

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

FHWA. Manual on Uniform Traffic Control Devices. 2009.

NACTO. Urban Bikeway Design Guide. 2012.

#### **Materials and Maintenance**

Maintenance needs for bicycle wayfinding signs are similar to other signs and will need periodic replacement due to wear.

# **BICYCLE SUPPORT FACILITIES**

### **Bicycle Parking**

Bicyclists expect a safe, convenient place to secure their bicycle when they reach their destination. This may be short-term parking of 2 hours or less, or long-term parking for employees, students, residents, and commuters.

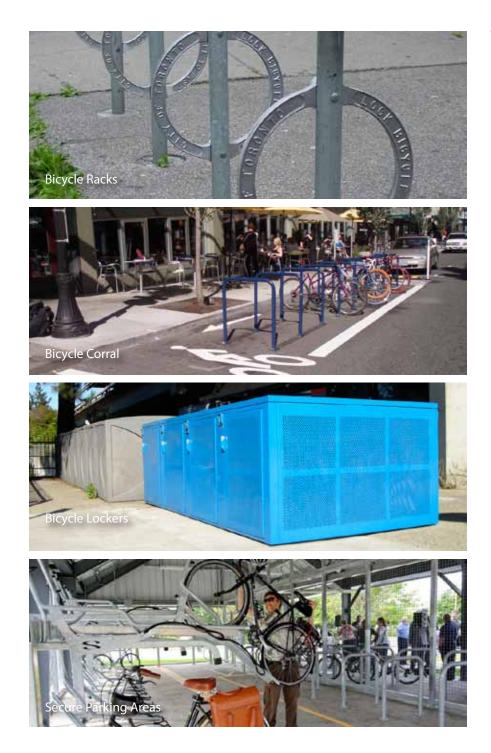
### Access to Transit

Safe and easy access to bicycle parking facilities is necessary to encourage commuters to access transit via bicycle. Providing bicycle access to transit and space for bicycles on buses and rail vehicles can increase the feasibility of transit in lowerdensity areas, where transit stops are beyond walking distance of many residences. People are often willing to walk only a quarter- to half-mile to a bus stop.

### **Roadway Construction and Repair**

Safety of all roadway users should be considered during road construction and repair. Wherever bicycles are allowed, measures should be taken to provide for the continuity of a bicyclist's trip through a work zone area.

Only in rare cases should pedestrians and bicyclists be detoured to another street when travel vehicle lanes remain open. Contractors performing work should be made aware of the needs of bicyclists and be properly trained in how to safely route bicyclists through or around work zones.



### **Bicycle Racks**

### Description

Short-term bicycle parking is meant to accommodate visitors, customers, and others expected to depart within two hours. It should have an approved standard rack, appropriate location and placement, and weather protection. The Association for Pedestrian and Bicycle Professionals (APBP) recommends selecting a bicycle rack that:

- Supports the bicycle in at least two places, preventing it from falling over.
- Allows locking of the frame and one or both wheels with a U-lock.
- Is securely anchored to ground.
- Resists cutting, rusting and bending or deformation.

### Guidance

- 2' minimum from the curb face to avoid 'dooring.'
- Close to destinations; 50' maximum distance from main building entrance.
- Minimum clear distance of 6' should be provided between the bicycle rack and the property line.
- Should be highly visible from adjacent bicycle routes and pedestrian traffic.
- Locate racks in areas that cyclists are most likely to travel.



#### Discussion

Where the placement of racks on sidewalks is not possible (due to narrow sidewalk width, sidewalk obstructions, street trees, etc.), bicycle parking can be provided in the street where on-street vehicle parking is allowed in the form of on-street bicycle corrals.

Some types of bicycle racks may meet design criteria, but are discouraged except in limited situations. This includes undulating "wave" racks, schoolyard "wheel bender" racks, and spiral racks.

#### Additional References and Guidelines

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

APBP. Bicycle Parking Guide 2nd Edition. 2010.

#### **Materials and Maintenance**

Use of proper anchors will prevent vandalism and theft. Racks and anchors should be regularly inspected for damage. Educate snow removal crews to avoid burying racks during winter months.

### **On-Street Bicycle Corral**

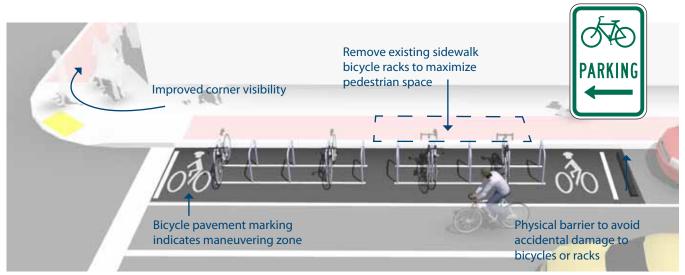
### Description

Bicycle corrals (also known as on-street bicycle parking) consist of bicycle racks grouped together in a common area within the street traditionally used for automobile parking. Bicycle corrals are reserved exclusively for bicycle parking and provide a relatively inexpensive solution to providing high-volume bicycle parking. Bicycle corrals can be implemented by converting one or two on-street motor vehicle parking spaces into on-street bicycle parking. Each motor vehicle parking space can be replaced with approximately 6-10 bicycle parking spaces. Bicycle corrals move bicycles off the sidewalks, leaving more space for pedestrians, sidewalk café tables, etc. Because bicycle parking does not block sightlines (as large motor vehicles would do), it may be possible to locate bicycle parking in 'no-parking' zones near intersections and crosswalks.

### Guidance

See guidelines for sidewalk bicycle rack placement and clear zones.

- Bicyclists should have an entrance width from the roadway of 5' 6'.
- Can be used with parallel or angled parking.
- Parking stalls adjacent to curb extensions are good candidates for bicycle corrals since the concrete extension serves as delimitation on one side.



#### Discussion

In many communities, the installation of bicycle corrals is driven by requests from adjacent businesses, and is not a city-driven initiative. In such cases, the city does not remove motor vehicle parking unless it is explicitly requested. In other areas, the city provides the facility and business associations take responsibility for the maintenance of the facility. Communities can establish maintenance agreements with the requesting business. Bicycle corrals can be especially effective in areas with high bicycle parking demand or along street frontages with narrow sidewalks where parked bicycles would be detrimental to the pedestrian environment.

#### Additional References and Guidelines

APBP. Bicycle Parking Guide 2nd Edition. 2010.

#### **Materials and Maintenance**

Physical barriers may obstruct drainage and collect debris. Establish a maintenance agreement with neighboring businesses. In snowy climates the bicycle corral may need to be removed during the winter months.

### **Bicycle Lockers**

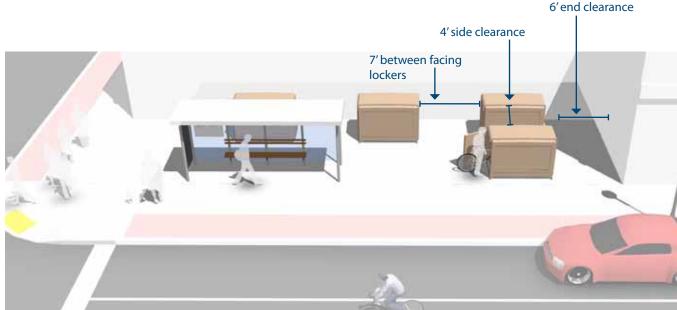
### Description

Bicycle lockers are intended to provide long-term bicycle storage for employees, students, residents, commuters, and others expected to park more than two hours. Long-term facilities protect the entire bicycle, its components and accessories against theft and against inclement weather, including snow and wind-driven rain.

Bicycle lockers provide space to store a few accessories or rain gear in addition to containing the bicycle. Some lockers allow access to two users - a partition separating the two bicycles can help users feel their bike is secure. Lockers can also be stacked, reducing the footprint of the area, although that makes them more difficult to use.

### Guidance

- Minimum dimensions: width (opening) 2.5'; height 4'; depth 6'.
- 4 foot side clearance and 6 foot end clearance.
- 7 foot minimum distance between facing lockers.
- Locker designs that allow visibility and inspection of contents are recommended for increased security.
- Access is controlled by a key or access code.



#### Discussion

Long-term parking facilities are more expensive to provide than shortterm facilities, but are also significantly more secure. Although many bicycle commuters would be willing to pay a nominal fee to guarantee the safety of their bicycle, long-term bicycle parking should be free wherever automobile parking is free. Potential locations for long-term bicycle parking include transit stations, large employers, and institutions where people use their bikes for commuting and not consistently throughout the day.

#### Additional References and Guidelines

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

APBP. Bicycle Parking Guide 2nd Edition. 2010.

#### **Materials and Maintenance**

Regularly inspect the functioning of moving parts and enclosures. Change keys and access codes periodically to prevent access to unapproved users.

### Secure Parking Areas (BikeSPAs)

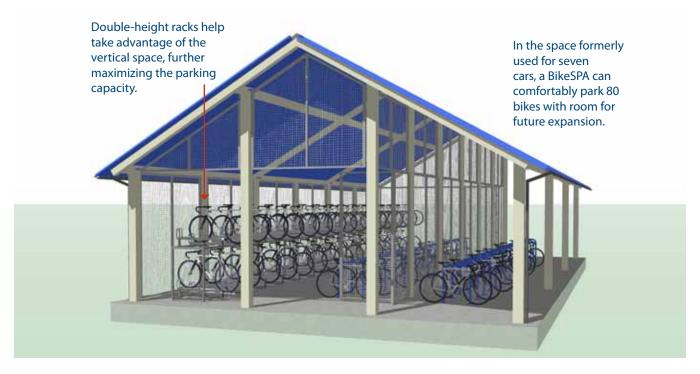
### Description

A Secure Parking Area for bicycles, also known as a BikeSPA or Bike & Ride (when located at transit stations), is a semi-enclosed space that offers a higher level of security than ordinary bike racks. Accessible via key-card, combination locks, or keys, BikeSPAs provide high-capacity parking for 10 to 100 or more bicycles. Increased security measures create an additional transportation option for those whose biggest concern is theft and vulnerability.

### Guidance

Key features may include:

- Closed-circuit television monitoring.
- Double high racks & cargo bike spaces.
- Bike repair station with bench.
- Bike tube and maintenance item vending machine.
- Bike lock "hitching post" allows people to leave bike locks.
- Secure access for users.



#### Discussion

Long-term parking facilities are more expensive to provide than shortterm facilities, but are also significantly more secure. Although many bicycle commuters would be willing to pay a nominal fee to guarantee the safety of their bicycle, long-term bicycle parking should be free wherever automobile parking is free. BikeSPAs are ideal for transit centers, airports, train stations, or wherever large numbers of people might arrive by bicycle and need a secure place to park while away.

#### **Additional References and Guidelines**

AASHTO. Guide for the Development of Bicycle Facilities. 2012.

APBP. Bicycle Parking Guide 2nd Edition. 2010.

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